

Spring 2023 Course Catalog

Registration Opens 3/28
Courses Begin 4/10



**A Learning Community
for Adults Age 50+**
rit.edu/osher

Osher's 2023 terms:

Winter (January 16 – March 24)

Spring (April 10 – June 5)

Summer (July 10 – August 25)

Fall (September 11 – December 8)

There are multi-week breaks between each term.



University Benefits:

A Full-Year membership at Osher includes these Rochester Institute of Technology (RIT) student perks and privileges.

RIT Student ID Card

- Discounts wherever student discounts are offered worldwide
- Free Henrietta BJ's Wholesale Club membership
- Student admission rates for campus events
- Borrowing privileges at the RIT library, including online collections, journals, etc.
- And more!

Audit RIT Undergrad Courses:

- Members can sit in on RIT College of Liberal Arts courses for free. The cost of auditing just one 3-credit course at RIT is more than \$750 so this is an amazing Osher member benefit!
- Course topics include anthropology, fine arts, foreign languages, history, literature, philosophy, psychology, women & gender studies, writing, and more. Ask an Osher staff member how to get started.
- **NEW starting in Fall 2023!** Members can audit eligible RIT undergrad classes in EVERY college (see page 6 for more details)

Audiology Services:

- State-of-the-art hearing evaluation and hearing-aid service and purchase are available through RIT's National Technical Institute for the Deaf (NTID).

Membership Benefits

Unlimited Courses

Peer-led courses form the core of our program. We offer 40+ courses per term, and there are no tests or grades! We encourage interaction and discussion in every class whether it be in-person, hybrid, or online via Zoom. You will also gain access to our large library of course and Pfaudler Lecture Series recordings.

Pfudler Lecture Series

(Thursdays at 12:15, Winter, Spring, & Fall Terms)

Listen to a thought-provoking lecture by a guest speaker. These lectures will be in the hybrid format, which means that you can attend in person or via Zoom. See pages 17-19 for the dates, speakers, and topics.

Social Events

An important part of the Osher experience is socializing with fellow members in a relaxed atmosphere at gatherings such as our annual picnic, holiday luncheons, and local events.

SIGs (Special Interest Groups)

A SIG is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. All members are encouraged to join an existing SIG or to initiate the formation of a new SIG. See page 23 for more information.

Arts & Lectures Series

This enrichment series, made possible by our endowment from The Bernard Osher Foundation, brings us entertaining artists and expert speakers at no additional charge to members.

Membership	Fee	Unlimited Courses & Recordings	Pfudler Lecture Series	Social Events & SIGs	Arts & Lectures Events	Summer Trips	Student ID Card	RIT RIT Classes	Audiology Services
Full-Year	\$350	■	■	■	■	■	■	■	■
Single-Term	\$150	■	■	■	■	■			
Supporting (full year)	\$170		■	■	■	■			

Which membership suits your needs?

We have varying levels of membership to fit your individual needs.
You can begin your membership during any of our terms.

Full-Year Membership

A Full-Year individual membership begins in whichever term you join and entitles you to four terms of **all** our available Osher Institute benefits in the chart on the previous page, including unlimited classes and events, and access to our library of course/lecture recordings **plus** RIT University benefits such as a student ID card and access to auditing RIT classes. The annual fee is **\$350**. Renewable.

Single-Term Membership

Individuals may participate in an unlimited number of Osher Institute courses and events for one term. You also have access to our library of course/lecture recordings. Renewable.

Not included: RIT university class auditing and student ID card

The fee is **\$150**. You may convert your Single-Term membership into a Full-Year membership by paying the additional balance at the end of the term, thereby adding the next three terms.

Supporting Membership

A Supporting individual membership entitles you to partial Osher Institute programming: social events, the Pfaudler Lecture Series, the Summer Seminar trips, Arts & Lectures events, and Special Interest Groups (SIGs).

Not included: Osher Institute classes and library of course recordings; RIT university class auditing and student ID card

You may invite one guest to events, Pfaudler lectures, and trips. The annual fee is **\$170**. Renewable.

Community Group Membership

A Community Group membership is designed for senior-living facilities, town recreation groups, and other associations who would like to provide programming to their residents/members. The membership includes unlimited, live, interactive Zoom classes and access to our large library of course recordings. Zoom classes or recordings must be broadcast in a common room where residents congregate together; residents may not join classes from their own homes. The fee for one trial term is **\$350**. Additional terms after the trial are \$500 each. Contact us at osher@rit.edu for more information and pricing of in-person classes for groups.

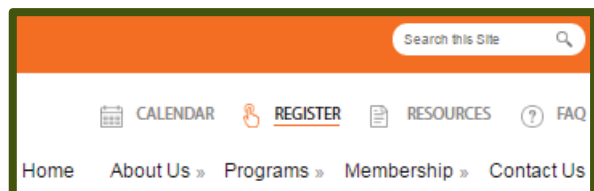
Directions for Online Course Registration

The directions on this page will help you to register successfully. Online registration is your best bet for getting into the courses you want. Handing in a paper registration form early does not get you registered any earlier.

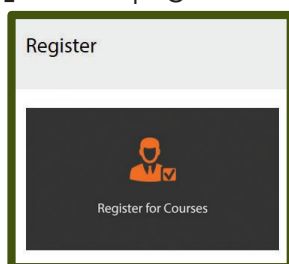
All paper registrations are processed, in random order, by staff beginning at 10 am on registration day.

[Note: The sample screens shown on this page are what you would see if working on a desktop or laptop computer. The screens on a phone or tablet will look different.]

- [1] Begin by visiting our website at <https://rit.edu/osher> and click on **REGISTER** in the top right of the page.



- [2] On this page, click on the left-most box:



- [3] On this page, locate the "Username" and "Password" fields and fill them in. Then click the "Login" button. If you don't know your username and password, click on the "Click here to reset" link.

A screenshot of a login form. It has a 'Username' field with a cursor, a 'Password' field with a 'Password Note: Passwords are case-sensitive' and a 'click to show password' link. Below the password field is a link 'Forgot your username and/or password? Click here to reset.' and a blue 'Login' button.

- [4] Wait for the system to log you in. Once you're logged in, you will see <your name> in the upper-right corner beside the gear icon.

IMPORTANT: You must be current with your payment in order to register for courses. If your membership expires before the Spring 2023 Term begins, and you are not paying online, please make your payment well before registration day, **TUESDAY, MARCH 28.**

- [5] On the left side of the screen under the "Search Options" heading, click on the "View Courses for" drop-down menu, and select your name. Then click on the "Select Term" drop-down menu and select "2023-02 (Spring)". (Additionally, you may select a "Day" of the week to narrow down your search.) Then click the "Search" button.

A screenshot of the 'Search Options' sidebar. It includes a 'View Courses for' dropdown menu with 'TEST, TEST' selected, a 'Select Term (required)' dropdown menu with '--Select Term--' selected, a 'Subject' dropdown menu with 'Any' selected, a 'Course Type' dropdown menu with 'Any' selected, and a 'Day' dropdown menu with 'Any' selected. A blue 'Search' button is at the bottom.

- [6] Scroll through the list of courses being offered. Click on the "Register" box/button (it turns orange) below the class you want to take. To get to the next page of offerings, click the 2, 3, etc. found at the bottom of the page you're on.

A screenshot of a course listing for 'F02M Current Events'. It shows details like 'Discussion | Available (Membership Required)', 'Instructor(s): Scott, Richard', 'Date: 9/13/2021-11/23/2021', and 'Time: 9:30 AM-11:00 AM EST on Mon'. An orange 'Register' button is at the bottom.

- [7] Follow the prompts to either continue selecting courses or to complete your registration checkout. [Note: You will have 60 minutes to choose all of your courses.] Once you have selected all the courses you want, click the "Checkout" button.

A screenshot of the registration checkout screen. It features a green notification box at the top stating: 'Your selections have been saved. You have 60 minutes to complete the registration process before these items are removed from your schedule. To continue, choose an option from the list below.' Below the notification are three buttons: 'Search for more courses', 'View F02M Current Events details', and 'Checkout'.

Course Registration Directions (cont'd)

[8] This page shows all of your selected courses. Read the “Terms of Use” and tick the box to accept them. **YOU MUST TICK THIS BOX IN ORDER TO CLICK “CONTINUE”!**

You must click the “Continue” button in order for your registration to be complete.

The screenshot shows the RIT registration page. At the top, it says "YOUR REGISTRATION IS NOT YET COMPLETE. Read the Terms below, check the Terms Agreement box, and click on the Continue button." Below this is a table with columns: Member, Type, Description, Action, Tuition, Additional Fees, Additional Items, Payment Options, and Subtotal. The table lists one item: "TEST TEST" (Discussion) for "2021-24 (Fall) - FIDM Current Events" with a "Register" action and a subtotal of \$0.00. Below the table, there are sections for "Subtotal", "Total", and "Amount Due Today", all showing \$0.00. A "Please Note" section states that the user is qualified for multiple discounts, but only one can be applied. At the bottom, there is a "Terms of Use" section with a "Continue" button.

[9] And the final page (Your registration/purchase is complete) shows the list of Successful Items (your courses).

The screenshot shows the RIT registration page after completion. It says "Your registration/purchase is complete. Click here for a printable page for your records." Below this, it lists "1 item(s) succeeded" and "0 item(s) failed". Under "Successful Items:", there is a table with columns: Student, Item, Type, Status, Instructor(s), Start Date, and Start Time. The table lists one item: "TEST TEST" (FIDM Current Events) with a status of "Registered" and a start time of "9:30 AM EST". At the bottom, it says "Your credit card was not charged today. You have no balance due."

You will get a confirmation letter email for each course for which you've registered. For hybrid and Zoom courses, the confirmation email will contain the Zoom meeting information and link. Save this email so that you can join your Zoom classes each week.

Note: You can log in to your account and see a list of your courses at any time by clicking the “gear” icon next to your name at the top right of the Registration page.




The screenshot shows the top right corner of the RIT registration page. It features a "TEST TEST" button with a gear icon next to it. Below the button is a "Select Language" dropdown menu and a "Powered by Google Translate" link.

Click on the “My Account” box, and at the top of the page, you will see “Personal Information” then scroll to the bottom of the page and click on the “My Courses” tab (between the Emergency Info tab and the Memberships tab).

Important Hybrid Class Registration Information

For all hybrid classes you choose, be sure to register for **EITHER** the **in-person** option **OR** the **Zoom** option. If you register for in-person, you will also receive the Zoom link (in case you can't make class on a particular day).

If you register for the **Zoom** option, you **WILL NOT** be able to attend the class **in-person**.

KEY:  Hybrid  In-Person Only  Zoom Only

If you are **hard of hearing** and/or find lectures, videos, and conversations difficult to follow, try out our **Assistive Listening System** – available in all our classrooms.



We have both headsets and around-the-neck loops (for those of you with hearing aids equipped with T-switches). Stop by the staff offices and ask about how we can help you hear better in your classes.



Hybrid

We are very excited to announce that the long-anticipated hybrid class format has arrived, and this spring marks our inaugural term.

What does this mean for you? Class members can attend all courses marked as “hybrid” in this catalog either in person at Osher or via Zoom from your home. Having this flexibility is great if you can’t come to the classroom due to travel, illness, or other reasons.

Important Hybrid Class Registration Information Registering for hybrid courses is a little different than you are used to. For all hybrid classes, there will be two listings: the in-person option and the Zoom option.

- Be sure to **register for EITHER the in-person option OR the Zoom option.**
- **If you register for in person,** you will also receive the Zoom link (in case you can’t make class on a particular day) in your confirmation letter email.
- **If you register for the Zoom option,** you will receive the Zoom link. **But you WILL NOT be able to attend the class in person.**






**NEW
MEMBER
BENEFIT**

**Coming in Fall 2023:
Osher Members Can Audit RIT
Undergraduate Classes
University Wide!**



After several years in the making, Osher members will soon be eligible to audit many more RIT courses than in the past. Currently members may only audit courses in the College of Liberal Arts. Beginning in RIT’s Fall 2023 semester, members may apply to audit any undergraduate course in RIT’s nine colleges as long as the course doesn’t have an associated lab.

The process for auditing courses is also changing for the better by eliminating multiple tedious and time-consuming steps to enrolling. Members will go directly to the RIT Registrar’s website to enroll. The Registrar’s office then will automatically add you to the class roster.

Stay tuned for more information on this expanded member benefit!

KEY:  Hybrid  In-Person Only  Zoom Only

	9:30 – 11:00 am ET	11:15 am – 12:45 pm ET	1:30 – 3 or 3:30 pm ET
Classes will not meet on Memorial Day, May 29			
Monday	The American Civil War Sp1M Chuck Sparnacht (4/10 – 6/5) Current Events Sp2M Moore, Adonis, & Scott (4/10 – 6/5) Heroic Women of World War II Sp3M Debby Zeman (5/8 – 6/5)	Memoirs Sp4M Carol Samuel (4/10 – 6/5) Athenaeum Book Club Sp5M Maureen Murphy (4/24 & 6/5) Flowers in Art History Sp6M Nancy McAfee (4/10) Kabuki: The History of Classical Japanese Dance-Drama ... Sp7M Gary Mitchell (4/17) The Sacred Valley of the Incas Sp8M Jane Eggleston (4/24) The Amazing Navajo Rug Sp9M Sue Boardman (5/1) A Tour in China Sp10M Sandra Condry (5/8) The Dream of the Genesee Valley Canal Sp11M Debbie Huff (5/15) Architect Frank Gehry: From Boxes to Curves Sp12M Michelle Turner (5/22) Business Strategy: What Are the Choices? What Are the Results? Sp13M John Harmon (6/5)	Express Yourself Through Writing Fiction Sp14M Gary Mitchell (4/10 – 5/22) Irish Culture and Literature Sp15M Jack Callaghan (4/10 – 5/1) The New Yorker Magazine Discussion Group Sp16M Joan Dupont & Steve Levinson (4/10 – 6/5) The Poetry of Romeo and Juliet ... Sp17M Donna Richardson (4/10 – 6/5) Planning Today for Tomorrow: Navigating Taxes & Income in Retirement Sp18M Hal Burrall & John Skomski (4/10 & 4/17) An Introduction to Bonsai Sp19M Mark Arpag (5/1) The Gothic Beauty of Sainte-Chapelle Sp20M Chris Ryan (5/8) Antarctica: The Kingdom of Ice ... Sp21M Tom Jones (5/15)

KEY:  Hybrid  In-Person Only  Zoom Only

	9:30 – 11:00 am ET	11:15 am – 12:45 pm ET	1:30 – 3:00 or 3:30 pm ET
Tuesday	Lost Worlds of South America Sp22T Marie Levin (4/11 – 5/30) Topics in Modern Cognitive Science Sp23T Michael Tanenhaus (4/11 – 5/30) Musical Choices 2023: A Guide to the Rochester International Jazz Festival Sp24T Peter Luce (5/2 – 5/30)	Climate Change Is Real, But Is the Science Settled? Sp25T Wolf Seka & Tom Jones (4/11 – 5/16) Kant's Critique of Pure Reason: Part 3 of 5 Sp26T Moshe Cahill (4/11 – 5/30) Soldiers, Citizens, and Poets: Scenes from the Civil War by Its Chroniclers Sp27T Bill McLane (4/11 – 5/30)	Flickstory Sp28T Schlosky, Maxwell, Huff, & Clifford (4/11 – 5/30) The Golden Age of Detective Fiction: Three Unforgettable Writers Sp29T Lisa Jadwin (4/11 – 5/30) Music Composition and Song Writing: History and Methodology Sp30T Al Mathias (4/11 – 5/30)


KEY:  Hybrid  In-Person Only  Zoom Only

	9:30 – 11:00 am ET	11:15 am – 12:45 pm ET	1:30 – 3:00 pm ET
Wednesday	Introduction to Writing Workshop Sp31W Jeanne Strining (4/12 – 5/31) A Survey of World Regional Geography Sp32W Timothy McDonnell (4/12 – 5/31) Taming Words: What Dictionaries Can and Cannot Do Sp33W David Hill (4/12 – 5/31)	Advanced Writing Workshop Sp34W Jeanne Strining (4/12 – 5/31) Law in the News Sp35W Mike Schnittman (4/12 – 5/31)	Mysteries of the Mind: Part 3 Sp36W Alex Marcus (4/12 – 5/31) The Crimean War: A 19th Century War in Ukraine Sp37W Tom Low (4/12 – 5/3) Freedom of the Press Sp38W Britta Anderson (5/10 – 5/31)

KEY:  Hybrid  In-Person Only  Zoom Only

	9:30 – 11:00 am ET	12:15 – 1:30 pm ET	1:45 – 3:15 or 3:45 pm ET
Thursday	Intermediate Spanish 3 Sp39Th Roz Rubin (4/13 – 6/1) Light Sp40Th Roger Gans (4/13 – 6/1) You Be the Critic: A Film Discussion Group Sp41Th Sharon Griffiths & Judy Brown (4/13 – 6/1)	Pfandler Lecture Series (weekly) Various topics and presenters. see pages 17-19	Contemporary Events Sp42Th Terri Hurley (4/13 – 6/1) An Introduction to Hinduism and Buddhism Sp43Th Sharyl Courter (4/13 – 5/11) Sherlock Holmes: A Life in His Own Words Sp44Th Bill Brown (4/13 – 6/1)

[Note: We will be closed on Memorial Day, May 29, and as such there will be no classes on that Monday.]

A course with the designation  REC means that the live course will be recorded for later viewing on our members-only content hub website.

Monday

Spring 2023 Course Schedule

The American Civil War.....Sp1M

[NEW COURSE] Historians will tell you that in order to understand the history of the United States you must understand this Civil War. In this course, sessions will address some of the most important of the battles of this war and how they helped to preserve the Union. *Discussion, Lecture, Field Study/Trip*

Chuck Sparnecht has led a number of history courses at Osher after a career of teaching at Penfield High School, RIT, Nazareth College, and St. John Fisher University.

Mondays: 9:30 – 11:00 am

EIGHT Weeks: April 10 – June 5



Hybrid



Current Events.....Sp2M

We will discuss timely topics chosen by attendees. Class participants are encouraged, but not required, to participate in discussions. All political views are welcomed and respected. Join us to “talk the talk.” *Discussion*

Helen Moore retired in 2020 after working several years in Rochester TV news behind the scenes as a photojournalist. **Rachel Adonis** recently retired from her career in financial services. She has enjoyed attending Osher classes and enjoys participating as a course leader. **Dick Scott** has led many Osher courses. He enjoys the program as both a presenter and an attendee.

Mondays: 9:30 – 11:00 am

EIGHT Weeks: April 10 – June 5



Hybrid



Heroic Women of World War II.....Sp3M

[NEW COURSE] There are many women heroes of WWII: nurses, pilots, Rosies, surgeons, spies, and more. We will learn about a dozen of them. *Lecture*

Debby Zeman has given several courses on women who have pioneered in science and politics. This class will shine a deserving spotlight on women who served in WWII.

Mondays: 9:30 – 11:00 am

FOUR Weeks: May 8 – June 5



Memoirs.....Sp4M

What is the common thread of these phrases?: “I’ve been thinking about...I’ve been meaning to...How do I start??? My kids don’t care...Thanks so much for encouraging me...” These are all about writing memoirs. Many find this non-critical class valuable and the perfect vehicle for starting their project. *Reading, Writing*

As a retired obstetrical nurse, **Carol Samuel** has enthusiastically lead the Memoirs class since Spring 2002. She believes there is much convincing evidence today for the value of writing memoirs.

Mondays: 11:15 am – 12:45 pm

EIGHT Weeks: April 10 – June 5



Hybrid

Athenaeum Book ClubSp5M

Please come having read and prepared to discuss the two books that were selected by members in the Fall 2022 Term. Both books are accessible and/or available from the Monroe County Library (preferably in paperback).

Required Text: #1 (April 24) *Both/And: A Life in Many Words* by Huma Abedin, ISBN 9781501194801; #2 (June 5)

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants by Robin Wall Kimmerer, ISBN 9780141991955 **Enrollment Limit: 25** Peer Group Format

Maureen Murphy is a retired social worker and a lifelong reader who enjoys summers on Lake Ontario which provides plenty of reading time. She keeps busy with friends, family, travel, walking, knitting, and gardening.

Mondays: 11:15 am – 12:45 pm

TWO Weeks: April 24 & June 5



Hybrid



Flowers in Art HistorySp6M

[NEW CLASS] Roses, lilies, violets, daisies—artists have drawn their beauty since the very beginning of art history. This talk will begin with paintings from ancient Mycenae and follow flowers in art through Rome, Greece, the Middle Ages, the Romantic 18th century, the Impressionists, and our own Modern times. *Audio/Visual*

Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director. She has an AB from Cornell and an MA in art history from Case Western Reserve University.

Monday: 11:15 am – 12:45 pm

ONE Week: April 10



Hybrid



Kabuki: The History of Classical Japanese Dance-DramaSp7M

[NEW CLASS] From its beginnings as a traveling entertainment performed by troops of women to its present form as a highly stylized dance drama performed by all male casts, Kabuki is a reflection of the Japanese character. It has been named an Intangible Cultural Heritage of All Mankind by UNESCO. In this class we will examine the history of this art form and learn some of its highlights and traditions. *Audio/Visual, Lecture*

Gary Mitchell is a fan of history and drama. What better way to marry these two interests than in studying the Japanese dramatic art of Kabuki.

Monday: 11:15 am – 12:45 pm

ONE Week: April 17



Hybrid



The Sacred Valley of the IncasSp8M

[NEW CLASS] The Sacred Valley in Peru's Andean Highlands is the heart of Inca culture. History, traditions, and incredible feats of the Inca people will be discussed including many photos from a 2022 trip. *Audio/Visual, Lecture*

Jane Eggleston has led numerous courses at Osher on topics such as evolution, plastics, Monet, and others stemming from her travel experiences. She began and leads the Osher Travel SIG and loves traveling, learning, and photography.

Monday: 11:15 am – 12:45 pm

ONE Week: April 24



Hybrid



The Amazing Navajo RugSp9M

[NEW CLASS] This course will present an overview of the history and art of Navajo weaving. *Audio/Visual*

[NEW COURSE LEADER] **Sue Boardman** has been fascinated by the art and culture of Native people since childhood. A collection of Navajo rugs and her longtime involvement with all things fiber led her to a deeper exploration of these incredible objects and an interest in sharing their beauty.

Monday: 11:15 am – 12:45 pm

ONE Week: May 1



Hybrid



A Tour in ChinaSp10M

[NEW CLASS] In 2007 the course leader travelled to China and toured Beijing, Suzhou, Hangzhou, Shanghai, and Xi'An. Sites visited were the Forbidden City, the Great Wall, the uncovered, reconstructed Xi'An soldiers, the Suzhou Canal, plus Buddhist and Muslim temples, dance performances, panda bears in the zoo as well as two state-run factories: silk and cloisonné.

Audio/Visual, Lecture

Sandra Condry has enjoyed Osher for 10 years since her move from Ithaca where she was a practicing psychologist. Her free time has been gobbled up by Osher classes, pickleball, folk singing, yoga, play reading, folk dancing and, of all things, senior cheerleading.

Monday: 11:15 am – 12:45 pm
ONE Week: May 8



The Dream of the Genesee Valley CanalSp11M

[NEW CLASS] Just two years after the completion of the Erie Canal, the Genesee Valley Canal was proposed to run from Rochester through the Genesee Valley south 128 miles to Olean where it would meet the Allegheny River with the goal of reaching New Orleans via the Mississippi River. With challenges like the Letchworth Gorge, it would take 30 years to complete. We will trace the now-abandoned canal and its 106 locks using both digital archives and recent photos, tracing the challenges of this long-forgotten dream of the canal-building age. Audio/Visual, Lecture

Always excited by the untold stories of our past, **Debbie Huff** researched, hiked, and photographed the long-forgotten canal in search of abandoned locks that tell its history.

Monday: 11:15 am – 12:45 pm
ONE Week: May 15



Architect Frank Gehry: From Boxes to Curves.....Sp12M

[NEW CLASS] Whether in photos or real life, we've all seen at least a few of Frank Gehry's shiny, curving buildings. But how did he come to those creations? What led him there? What was his creative evolution? Follow the chronology of his buildings as he grew creatively. Learn the interesting story of the man behind the buildings who at 93 is still going strong.

Audio/Visual, Lecture

Michelle Turner has presented many classes at Osher in the areas of the arts and travel. The current session will combine both interests as she has visited several of Gehry's most famous buildings in Europe and the US. She'll share her experiences and impressions of those buildings.

Monday: 11:15 am – 12:45 pm
ONE Week: May 22



Business Strategy: What Are the Choices; What Are the Results?Sp13M

[NEW CLASS] Every business – big or small – at some point faces a critical business problem that demands a significant change in the way it does business. Usually the company has no experience in making this change and no assurance of success. We will review several business strategy examples: why it was necessary; what the company did; and what happened.

Optional Text: *Concepts in Strategic Management and Business Policy* (5th Ed) 2010 by J. David Hunger and Thomas L. Wheelan Discussion, Lecture

John Harmon has had 40 years of business experience. The first 30 years were with Eastman Kodak and Pitney Bowes where he spent half his time in strategic planning assignments. He has served as a small business management consultant for 10 years and has also taught a course in Global Business Strategy at Fairfield University in Fairfield, CT.

Monday: 11:15 am – 12:45 pm
ONE Week: June 5




Express Yourself Through Writing Fiction.....Sp14M

Each week share your stories with a community of supportive writers in an atmosphere that encourages growth and risk taking. Assignments are built around a learn-by-doing philosophy using an 800-word-flash-fiction model. All genres of fiction are welcome, and all skill levels from beginner to world-famous author are embraced. Whether you write for personal pleasure or with an eye towards eventual publication, this course has something for you.

Enrollment Limit: 13 Discussion, Lecture, Writing


Gary Mitchell is a published author with works in both the fiction and non-fiction realms. He learned to write through the share-and-critique model of literary improvement. There are three keys to writing mastery: practice, practice, and practice.

Mondays: 1:30 – 3:30 pm
SEVEN Weeks: April 10 – May 22  **zoom Only**

Irish Culture and Literature.....Sp15M

[NEW CONTENT] This course will present various aspects of the Irish culture and tradition reflected through prose, poetry, and multimedia. We will focus on authors who have made significant contributions to the world's understanding of the Irish condition as well as relevant current events. Audio/Visual, Discussion, Lecture, Reading


Jack Callaghan endeavors to continue the advancing of Irish culture and literature at Osher (formerly The Atheneum).

Mondays: 1:30 – 3:00 pm
FOUR Weeks: April 10 – May 1  **zoom Only**

The New Yorker Magazine Discussion Group.....Sp16M

[NEW CONTENT] Current events, literature, film, humor, short stories, interesting people and, of course, cartoons...The New Yorker magazine provides a wonderful selection of articles for discussion. Read only as much of each issue as you want. We strive to discuss most of each week's magazine. The first session will review the April 3, 2023 issue. **Required Text:** Subscription to *The New Yorker* (online or hard copy) **Enrollment Limit: 20** Audio/Visual, Discussion, Reading



Both **Joan Dupont** and **Steve Levinson** enjoy the additional perspective that *The New Yorker* brings and having an opportunity to discuss the articles in the magazine.

Mondays: 1:30 – 3:00 pm
EIGHT Weeks: April 10 – June 5  **zoom Only**

The Poetry of Romeo and Juliet.....Sp17M

[NEW COURSE] Yes, it's primarily the "fatal loins" of two feuding houses that cause the tragedy, but are the two lovers also responsible? And what about Friar Lawrence? We'll focus on the language of the text and discuss period contexts (courtly love and Christianity). If you know the plot well, all the better; there's more here than high school or freshman English may have taught you. **Website:** <http://sites.google.com/view/rjoshier> **Required Text:** *Romeo and Juliet* by William Shakespeare, ISBN 9780451526861 **Enrollment Limit: 25** Discussion, Reading

Donna Richardson is professor emerita from St. Mary's College of Maryland where she taught literature for over 30 years. Her primary interests are British Romanticism, teaching poetry of all eras, and Russian literature.

Mondays: 1:30 – 3:30 pm
EIGHT Weeks: April 10 – June 5  **Hybrid**  **REC**

Planning Today for Tomorrow: Navigating Taxes & Income in Retirement.....Sp18M

[NEW COURSE] [MULTI-PART SERIES] The course leaders are proud to present this two-part session which will answer: "How much risk should I be taking in my investments? What rate of return do my investments need? How do I make sure I can stay retired? What strategies should I use when filing for Social Security? Do I need life insurance? Will I outlive my money? How can I generate additional income in retirement? Is there room for charity in my plan, and how can I save on taxes? What does the new Secure Act 2.0 mean for me?" Hal and John will wrap up both days with a Q&A session and will offer confidential, no-obligation, complimentary one-on-one consultations to all interested attendees. *Discussion, Lecture*

Presented by **Hal Burrall**, executive director of planned giving (www.legacyrit.org) at RIT, and **John Skomski**, retirement sustainability specialist and partner at Best Times Financial (www.besttimesfinancial.com).

Mondays: 1:30 – 3:30 pm

TWO Weeks: April 10 & 17



Hybrid

An Introduction to BonsaiSp19M

[NEW CLASS] Tom Jones will introduce Mark Arpag, president of the Bonsai Society of Western New York, and the class will consist of a lecture presentation and a demonstration. After an introduction to the art of Bonsai and a bit of its history, Mark will start a small nursery plant on its slow journey to becoming a real bonsai tree. The demonstration will involve pruning and shaping, wiring, root pruning, and potting during which Mark will provide his usual illuminating commentary. At the end some brave, lucky person in the class (chosen by lot) will become the caretaker of Mark's creation, take it home, and start worrying about it. The class is for anyone interested in bonsai. **Enrollment Limit: 30** *Lecture*

Visiting lecturer **Mark Arpag**, president of the Bonsai Society of Western New York since 2016, creates and styles bonsai and mentors others. He has received many awards for his creations at national and international bonsai shows and exhibitions. Mark has a demonstrated ability to create beautiful bonsai trees even with audiences watching closely.

Monday: 1:30 – 3:00 pm

ONE Week: May 1



In-Person Only

The Gothic Beauty of Sainte-ChapelleSp20M

[NEW CLASS] French King Louis IX ordered the construction of Sainte-Chapelle to house his collection of relics of Christ's Passion, important symbols of medieval Christendom. The royal chapel was consecrated in April 1248 and is a beautiful example of Gothic architecture. It is also one of the last remaining parts of the Palais de la Cité, home of French kings until the 14th century. This class will examine the architecture of the chapel and its role in the cultural aspirations of King Louis IX. *Audio/Visual, Lecture*

Chris Ryan, a retired librarian, has a lifelong interest in history and enjoys sharing that with other Osher members.

Monday: 1:30 – 3:00 pm

ONE Week: May 8



Hybrid



Antarctica: The Kingdom of IceSp21M

[NEW CLASS] For anyone who has made a snowman, or ice skated, or spent a night in a snow cave, a trip to Antarctica, the Kingdom of Ice, is a dream. Tom Jones was there in November 2022, and the trip was a dream fulfilled. He will share with you some images and some impressions gathered in the few short days he was privileged to be in that astonishing place.

In-Person Enrollment Limit: 40 (plus any number of Zoom participants) *Discussion, Lecture*

Tom Jones has been fortunate to travel to some wonderful places, but Antarctica is and will stay at the top of his list.

Monday: 1:30 – 3:00 pm

ONE Week: May 15



Hybrid



Lost Worlds of South AmericaSp22T

[NEW COURSE] This course will chronologically lead you through the many cultures that rose and fell during South America's long pre-Columbian history which has been underrated and lost to the world. South America's 5,000-year history deserves recognition as one of the cradles of civilization together with Mesopotamia, China, and Egypt. The pace of archaeological discoveries in the Andes Mountains, Amazon jungles, and deserts of Peru and Chile has accelerated in recent decades to reveal the hidden lost worlds of South America. Their social traditions and practices, technology, and religion will be examined to discover what is known about them and what remains unknown. *Audio/Visual, Discussion, Lecture*

Marie Levin studies ancient and recent world history. She has led 23 courses at Osher including Mesopotamia, India, Africa, Russia, and China.

Tuesdays: 9:30 – 11:00 am
EIGHT Weeks: April 11 – May 30



Topics in Modern Cognitive ScienceSp23T

[NEW CONTENT] This course centers on four topics: prosocial behavior (e.g., generosity and its development), social bias (both conscious and unconscious in adults and children), word learning (how infants and toddlers learn words), and intonation and meaning. We will show how recent work in the brain and cognitive sciences sheds light on these topics by drawing upon work using behavioral methods, computational models, and neuroimaging. The course is accessible to people without a science background. Classes will be primarily lecture format with time for Q&A. *Participation in previous parts of this course is not a prerequisite. Audio/Visual, Discussion, Lecture*

Michael Tanenhaus is the Emeritus Beverly Petterson Bishop and Charles W. Bishop Professor of Brain and Cognitive Sciences at the University of Rochester. He was awarded the 2018 Rumelhart Prize in Cognitive Science for his work on language comprehension. Tanenhaus has been leading Osher courses since 2020.

Tuesdays: 9:30 – 11:00 am
EIGHT Weeks: April 11 – May 30



Musical Choices 2023: A Guide to the Rochester International Jazz Festival Sp24T

[NEW CONTENT] The 20th edition Rochester International Jazz Festival will run from June 23 through July 1, 2023. In a nutshell, there will be nine days of concerts (over 350) performed by 1,800 artists on 20 stages in downtown Rochester. This course and guide will help you find your way around the festival, but mostly it will offer day-by-day highlights of artists and groups not to be missed. *Audio/Visual, Discussion, Lecture*

With the exception of a single day, **Peter Luce** has attended every day of every Rochester Jazz Festival since the first in 2002.

Tuesdays: 9:30 – 11:00 am
FIVE Weeks: May 2 – May 30



Climate Change Is Real, But Is the Science Settled?Sp25T

[NEW COURSE] After presenting the critical scientific underpinnings of global warming, we will describe past climate excursions and interpret some of the present trends. We will focus on the predictive capabilities of simulations, analyze their limits, and then comment on selected headline-grabbing interpretations offered by the media.

Optional Text: *Unsettled: What Climate Science Tells Us, What It Doesn't, and Why It Matters* by Steven E. Koonin

In-Person Enrollment Limit: 40 (plus any number of Zoom participants) *Discussion, Lecture, Reading*

Wolf Seka and **Tom Jones** were both affiliated with the University of Rochester for much of their careers; Seka with the Laboratory for Laser Energetics where he did research on laser fusion, and Jones in the Dept. of Electrical Engineering where he taught and did experimental microfluidics research. They share great concern about climate change.


Tuesdays: 11:15 am – 12:45 pm
SIX Weeks: April 11 – May 16



Kant's Critique of Pure Reason: Part 3 of 5Sp26T

[NEW COURSE] [MULTI-PART SERIES] *The Critique of Pure Reason* is a turning point in the history of philosophical thought. Kant's aim in both editions of the *Critique* was completeness. In the preface to the first edition he says, "there is not a single metaphysical problem which has not been solved" (A., p. xiii). *Participation in previous parts of this course is not a prerequisite.*
Required Text: *Critique of Pure Reason* by Immanuel Kant, Paul Guyer, and Allen W. Wood (Editors/Translators). ISBN 9780521657297 *Discussion, Lecture, Reading*



Moshe Cahill is an academic philosopher who has taught many philosophy courses at Osher.

Tuesdays: 11:15 am – 12:45 pm  In-Person Only
EIGHT Weeks: April 11 – May 30

Soldiers, Citizens, and Poets: Scenes from the Civil War by Its Chroniclers Sp27T

[NEW CONTENT] Historian Shelby Foote called the Civil War "the crossroads of our being" as a nation. This course will meet at the crossroads of politics, culture, military history, literature, journalism, and poetry. We will peruse the words of Whitman, Dickinson, Bierce, and others and also consider the military actions of Grant, Sherman, and Meade. In short: military strategy for poets, poetry and prose for military strategists. *Audio/Visual, Discussion, Lecture, Reading*


Bill McLane retired after a career as a journalist, Marine Corps intelligence officer, college instructor, and educational psychologist.

Tuesdays: 11:15 am – 12:45 pm  Hybrid  REC
EIGHT Weeks: April 11 – May 30

FlickstorySp28T

[NEW COURSE] Human nature is such that we often identify with those individuals that share our values ("Us") and are wary of those whose values differ ("Them"). We will watch four films (*Lone Star*, *The Visitor*, *Gangs of New York*, *Dances With Wolves*) that highlight issues that divide us such as immigration, religion, fear, and ethnic differences. *Audio/Visual, Discussion, Lecture*


Bob Schlosky, Mike Maxwell, Debbie Huff, and Gene Clifford are all experienced course leaders who have led previous Osher classes.

Tuesdays: 1:30 – 3:30 pm  In-Person Only
EIGHT Weeks: April 11 – May 30

The Golden Age of Detective Fiction: Three Unforgettable Writers Sp29T

[NEW COURSE] We'll read three novels by writers of the so-called Golden Age of Detective Fiction. Agatha Christie, Dorothy L. Sayers, and Josephine Tey broke many of the rules of detective fiction writing to amazing effect. Their mysteries are well-written and pathbreaking—and fun to read and discuss. **Required Texts:** *The Murder of Roger Ackroyd* by Agatha Christie (any edition), *Strong Poison* by Dorothy L. Sayers (any edition), and *Brat Farrar* by Josephine Tey (any edition) **Enrollment Limit: 30** *Audio/Visual, Discussion, Lecture, Reading*

Lisa Jadwin taught college-level literature for more than 35 years and loves engaging people who love reading and learning for their own sake. A native Californian she received her Ph.D. from Princeton in 1989 and recently retired from a 30-year career at St. John Fisher University.

Tuesdays: 1:30 – 3:00 pm  In-Person Only  REC
EIGHT Weeks: April 11 – May 30

Music Composition and Song Writing: History and Methodology..... Sp30T

[NEW COURSE] This course is designed for anybody who wants to learn about composing and song writing at any level of participation (observe, contribute to class dialogue, or compose music assigned). Common threads will connect traditional classical composition with contemporary genres (rock, jazz, country, etc.). Labs will be offered at the end of each class for in-person members who want to experiment using (free) composition software. No prior knowledge of notation or composition is required, nor will the class lectures involve learning beyond very simple notation or composition.

Website: <https://www.dropbox.com/sh/rw0ahhiprv5s60p/AADT3Brw41M3QbC8YXL092wUa?dl=0>

Audio/Visual, Discussion, Lecture, Workshop

Al Mathias has been involved in music performance and instruction for over 50 years. He has performed in local classical and jazz ensembles on classical guitar, jazz guitar, violin, viola, cello, string bass, mandolin, vibes, and percussion.

Tuesdays: 1:30 – 3:00 pm
EIGHT Weeks: April 11 – May 30



Wednesday

Spring 2023 Course Schedule

Introduction to Writing Workshop.....Sp31W

Participants will be introduced to the writing workshop format. Each session starts with a brief lesson on the writing process or a specific trait of strong writing, followed by in-class time to write and practice. In the last part of each class, participants will learn how to share and provide constructive feedback in a comfortable setting. Though we will focus mostly on memoir, the skills learned are applicable to all genres of writing. No writing experience is expected or needed, and no homework is required. This is also an opportunity to make some new friends! **Enrollment Limit: 15** Audio/Visual, Discussion, Lecture, Writing, Workshop

Jeanne String has worked as a teacher and school administrator in the Webster and Brighton school districts. She has taught the Writing Workshop method both in her classrooms and to adults as a trainer.

Wednesdays: 9:30 – 11:00 am
EIGHT Weeks: April 12 – May 31



A Survey of World Regional Geography.....Sp32W

[NEW COURSE] The world is complicated, so geographers like to study its diversity by examining different regions. During this course we will look at eight regions. There will be discussions of physical and human geography for each region. Class members are encouraged to share their experiences in different regions of the world. Audio/Visual, Discussion, Lecture

Timothy McDonnell has been a proud member of Osher Lifelong Learning Institute since 2005. During this time span he has led many courses on a variety of topics. Since Tim is also the coordinator of the NY Geographic Alliance classes on geography are his passion. He is also the chair of the Summer Seminar Committee.

Wednesdays: 9:30 – 11:00 am
EIGHT Weeks: April 12 – May 31



Taming Words: What Dictionaries Can and Cannot Do.....Sp33W

[NEW COURSE] The linguist John McWhorter compared words to clouds that appear, change shape, and dissolve while meanings are like the relative stable landscape beneath them. We'll focus on two attempts to corral fugitive words—The Oxford English Dictionary (OED) and Samuel Johnson's attempt a hundred years before the OED was proposed. There are some good stories about both approaches to dictionary creation. Several histories of dictionary creation and a novel will aid our thinking about what it's like to make a dictionary. **Website:** <https://sites.google.com/view/tamingwordstheoedandsamueljohn/home> **Optional Texts:** *Caught in the Web of Words: James Murray and the Oxford English Dictionary* by K. M. Elizabeth Murray, *The Dictionary of Lost Words: A Novel* by Pip Williams, and *The Meaning of Everything: The Story of the Oxford English Dictionary and The Professor and the Madman: A Tale of Murder, Insanity, and the Making of the Oxford English Dictionary* by Simon Winchester Discussion, Lecture

David Hill has taught American literature as well as introductory linguistics at the college level. He has led a variety of courses at Osher at RIT.

Wednesdays: 9:30 – 11:00 am
EIGHT Weeks: April 12 – May 31



Advanced Writing Workshop.....Sp34W

This is an advanced writing class for people having prior experience in Introduction to Writing Workshop either at Osher or in some other setting. Following the Writing Workshop format, each class starts with a short lesson about some aspect of the writing craft. Participants then have time to write on a topic of their choice and conference with class members.

Enrollment Limit: 15 Audio/Visual, Discussion, Lecture, Writing, Workshop

Jeanne Strining has worked as a teacher and school administrator in the Webster and Brighton school districts. She has taught the Writing Workshop method both in her classrooms and to adults as a trainer.

Wednesdays: 11:15 am – 12:45 pm

EIGHT Weeks: April 12 – May 31



In-Person Only

Law in the NewsSp35W

[NEW CONTENT] Each week we are inundated with local and national news articles involving the law. We will review recent cases as they appeared in the news and learn how the case was brought and the reasoning behind the outcome. Members of the class will be encouraged to suggest newsworthy cases. Discussion, Lecture

Mike Schnittman is a retired lawyer who has been an Osher member since he retired in 2011 and has led courses on the law (including Law 101) and literature (Hemingway, Salinger, Orwell, and Roth).

Wednesdays: 11:15 am – 12:45 pm

EIGHT Weeks: April 12 – May 31



Hybrid



Mysteries of the Mind: Part 3.....Sp36W

[NEW COURSE] [MULTI-PART SERIES] In this final part of the course, we will explore cognition, movement, brain-machine interfaces, and how to keep our brain and mind healthy. Participation in previous parts of this course is not a prerequisite. Audio/Visual, Lecture

Note: The instructor will be teaching remotely via Zoom, and members can participate in person or via Zoom.

Alex Marcus is a retired physician who practiced neurology and psychiatry. He has been giving courses on the human brain at Osher since 2005.

Wednesdays: 1:30 – 3:00 pm

EIGHT Weeks: April 12 – May 31



Hybrid



The Crimean War: A 19th Century War in Ukraine.....Sp37W

[NEW COURSE] We will use the fictional adventures of cad and coward Colonel Harry Flashman (VC, KCB, KCIE) to examine the Charge of the Light Brigade, the Crimean War, and in the "Great Game" in central Asia. **Optional Text:** *Flashman at the Charge* by George MacDonald Fraser Discussion, Lecture, Reading

Note: The instructor will be teaching remotely via Zoom, and members can participate in person or via Zoom.

Tom Low has led courses at Osher on the Spanish Civil War, the Sudan, World War I, and Antarctic exploration.

Wednesdays: 1:30 – 3:00 pm

FOUR Weeks: April 12 – May 3



Hybrid



Freedom of the Press.....Sp38W

[NEW COURSE] The emergence of web-based media platforms has generated important political and legal questions about media freedom and the definition of "The Press". To place these controversies in context, we will review the early history of constraints on free expression as well as the impetus for and adoption of the First Amendment. Following this review we will examine key controversies and legal cases involving Freedom of the Press and conclude with an assessment of the current status of media freedom in a rapidly changing world. **Optional Text:** *Freedom for the Thought That We Hate: A Biography of the First Amendment* by Anthony Lewis (any edition) Audio/Visual, Discussion, Lecture

Britta Anderson has an MA in political science and worked in politics prior to retirement. She has led numerous history/political science courses at Osher.

Wednesdays: 1:30 – 3:00 pm

FOUR Weeks: May 10 – May 31



In-Person Only



Thursday

Spring 2023 Course Schedule

Intermediate Spanish 3Sp39Th

[NEW CONTENT] We will continue to converse in Spanish using literature and language as the bases for our discussions. There is a short homework assignment each week.

Required Texts: *Practice Makes Perfect: Spanish Reading and Comprehension* by Myrna Bell Rochester, Ph.D. with Deana Smalley, Ph.D., ISBN 9780071798884 and *Album* (3rd edition) by Joy Renjilian-Burgy and Rebecca M. Valette, ISBN 9780618507184 **Enrollment Limit: 15** Audio/Visual, Discussion, Lecture, Reading, Writing

Roz Rubin is a Spanish aficionada who loves to share and interact with other aficionados. Our group has been together for the past 11 years, and new members are always welcome.

Thursdays: 9:30 – 11:00 am
EIGHT Weeks: April 13 – June 1



Light.....Sp40Th

[NEW COURSE] Light travels in straight lines at the speed of light. The color of visible light depends on its wavelength. The heat from a potbellied stove is just light with wavelengths too long to see; sunburn comes from light with wavelengths too short to see. X-rays and gamma rays are light with still shorter wavelengths. Sometimes we model light as an electromagnetic wave, sometimes as a flock of speeding photons. We'll look at light from both sides, discuss optical devices (eyeglasses, microscopes, telescopes, cameras), and look at vision, human and animal. Audio/Visual, Discussion, Lecture

Roger Gans is a professor emeritus of mechanical engineering at the UR. He has led a variety of science courses at Osher over the past few years.

Thursdays: 9:30 – 11:00 am
EIGHT Weeks: April 13 – June 1

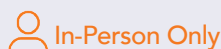


You Be the Critic: A Film Discussion GroupSp41Th

Class members are expected to see one of two movies selected each week, viewing them independently at local theaters or by streaming when available. We rate each movie and then share our ratings and viewpoints with the group. With a variety of opinions, lively discussion is guaranteed. **Enrollment Limit: 25** Discussion

Sharon Griffiths has been a member of Osher for more than 10 years and has enjoyed many of the fine courses offered. She has filled in for leaders of this course in the past and has facilitated the summer program for a number of years. With the help of **Judy Brown**, also a long-time member, they will lead great discussions on newly released films.

Thursdays: 9:30 – 11:30 am
EIGHT Weeks: April 13 – June 1



Pfudler Lecture Series: Thursdays, 12:15 – 1:30 p.m. ET

Members don't need to register for these lectures. We will send a weekly email to all members with the Zoom meeting information for each lecture.



Week One: April 13

Is There a Solution to the Crime Wave in Monroe County?



Todd Baxter, Monroe County Sheriff

Sheriff Baxter has a long history in law enforcement and is actively working with our NYS legislators in Albany and Monroe County legislators to make our community safer. He continues to collaborate with our community stakeholders and lawmakers to make revisions to Criminal Justice Reform, in the best interest of public safety. Sheriff Baxter will detail his vision and progress.

Week Two: April 20

Your Children Are Very Greatly in Danger

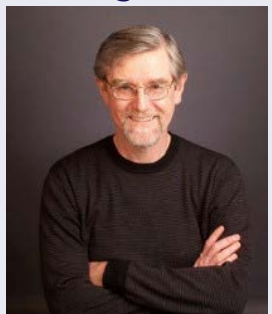


Justin Murphy, Author and *Democrat & Chronicle* Education Reporter

Justin Murphy makes the compelling argument that the educational disparities in Rochester are the result of historical and present-day racial segregation. Education reform alone will never be the full solution; to resolve racial inequity, cities such as Rochester must first dismantle segregation. Referencing never-before-seen archival documents and scores of new interviews, Murphy discusses how discriminatory public policy and personal prejudice combined to create the racially segregated education system that exists in the Rochester area today. **Book signing to follow the presentation.**

Week Three: April 27

A Distinguished and Varied Life in Musical Composition and Performance



Dr. Cary Ratcliff, Musician, Composer, Performer

A native of California, Cary Ratcliff settled in Rochester after attending the Eastman School of Music where he studied composition and contemporary piano. He served for three seasons as conductor for Eastman's Musica Nova program and Graduate Chamber Orchestra. He served as composer-in-residence at the Strasenburgh Planetarium where he created orchestral soundtracks for the Smithsonian's Air and Space Museum. Ratcliff is artistic director of Madrigalia chamber choir as well as music director for Bethany Presbyterian Church.

Week Four: May 4

A Congressional Update



Joe Morelle, United States Congressman, NY 25th District

Congressman Morelle will discuss the state of national politics, his priorities in Congress, and how bipartisan collaboration can help advance our shared goals and effect long-term change. He is proud to represent New York's 25th Congressional District which includes Monroe County and a section of neighboring Orleans County.

Week Five: May 11

Tutankhamun: Documenting the Discovery of the Century



Sydney Greaves, Art Historian and Memorial Art Gallery's Estelle B. Goldman Museum Educator for Gallery Teaching

In November 1922 the name of Tutankhamun—a little-known boy king from 3,000 years ago—became a household name. The discovery of his tomb in the Valley of the Kings created a sensation that reverberates to this day. But how did it unfold? What did Howard Carter and his team find? How did the world find out? Follow a rough timeline of those exciting years as the treasures of Tutankhamun emerged and sparked "Egyptomania" around the world.

Week Six: May 18

Taking Charge of Change: The Rochester Area Community Foundation



Simeon Banister, CEO & President, Rochester Area Community Foundation (RACF)

RACF, founded in 1972, is dedicated to empowering donors and community partners to strengthen the Rochester region. Prior to becoming CEO in October 2022, Simeon led the Community Programs department and was responsible for the Foundation's grant making and community leadership. This included RACF's ACT Rochester initiative, which focuses on community problem-solving through the collection and use of credible, independent, and timely data. Recently, the *Democrat & Chronicle* profiled Simeon where he shared his belief that Rochester is at a key inflection point. With us, he will delve more deeply into this theme and discuss how the Foundation is positioned to support our community into the future.

Week Seven: May 25

Healthy Aging Through Lifestyle Medicine



Dr. Susan Friedman, Founding Director, Highland Hospital Lifestyle Medicine Program

Do you believe therapeutic lifestyle interventions can be a primary modality to treat chronic conditions including, but not limited to, cardiovascular diseases, type-2 diabetes, and obesity? Whole-person, prescriptive lifestyle changes can treat and, when used intensively, can often reverse such conditions. Applying the six pillars of lifestyle medicine—a whole-food, plant-predominant eating pattern, physical activity, restorative sleep, stress management, avoidance of risky substances, and positive social connections—also provides effective prevention for these conditions.

Week Eight: June 1

"And the Future Oscar Goes to...": Film Screenings of Budding RIT Animators and Filmmakers



mari jaye blanchard and the students of RIT's School of Film and Animation (SOFA)

You won't want to miss this perennial favorite: the opportunity to screen the incredible work RIT student filmmakers are capable of, from funny animations to poignant stories about personal situations and relationships. These works are amazing. And yes, Oscar winners have come from the RIT SOFA: one example is the CGI'd tiger in the movie *The Life of Pi*.

Contemporary Events.....Sp42Th

[NEW CONTENT] Class members will engage in a civil discussion involving contemporary events submitted by members of the class. *Discussion*

Terri Hurley has been an Osher member for over 13 years. She enjoys learning the different views of Osher members.

Thursdays: 1:45 – 3:15 pm

EIGHT Weeks: April 13 – June 1



An Introduction to Hinduism and Buddhism.....Sp43Th

Over a billion of the world's people practice Hinduism and another 500 million identify as Buddhists. This class will offer an introduction to the history, beliefs, and practices of these two great world religions.

Enrollment Limit: 40 *Audio/Visual, Discussion, Lecture*

Sharyl Courter is a retired educator with a lifelong interest in the human mind and human behavior.

Thursdays: 1:45 – 3:15 pm

FIVE Weeks: April 13 – May 11



Sherlock Holmes: A Life in His Own Words.....Sp44Th

[NEW COURSE] In the Sherlockian Canon Sherlock Holmes narrates directly to the reader four stories encompassing his life and adventures from college to retirement. There is a Pastiche which has Sherlock completing the narrative during his retirement keeping bees in Sussex. We will explore Sherlock's life through these personal tales. **Website:** <http://bit.ly/OshSher>

Required Text: *The Complete Sherlock Holmes* by Arthur Conan Doyle, ISBN 9788180320484 or any other copy

Optional Text: *A Slight Trick of the Mind* by Mich Cullin *Audio/Visual, Discussion, Lecture, Reading*

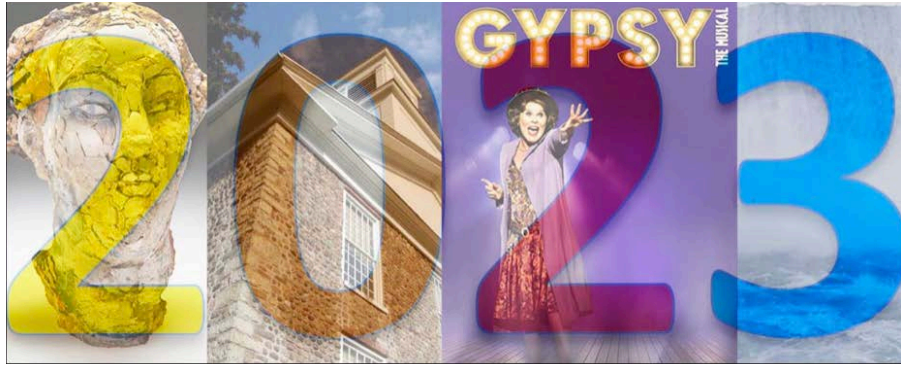
Bill Brown has been an Osher member and course leader for many years. He has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a member and former leader of the local Sherlockian Scion Society – Rochester Row.

Thursdays: 1:45 – 3:45 pm

EIGHT Weeks: April 13 – June 1



The Summer Seminar Committee is excited to announce its 2023 program consisting of four trips and their accompanying free, hybrid lectures!



Trip #1: June 22, 2023

Alfred/Hornell: Alfred University Ceramic Museum, Erie Depot Museum, and Cider Creek Hard Cider

Come along to the Alfred University Ceramic Museum, Erie Depot Museum, and Cider Creek cidery. Lunch will be at Marino's Restaurant in Hornell. The lecture will be held on June 20th, featuring talks by Rose Van Tyne and Paul Hart of the Memorial Art Gallery and Otto Vondrak of the Rochester and Genesee Valley Railroad Museum. Cost of this trip is \$90.

Trip #2: July 13, 2023

Lockport/Childs: Erie Canal Cruise and Cobblestone Society Museum

Enjoy a cruise with the Lockport Locks and Erie Canal Cruises and tour the Cobblestone Society Museum. The trip includes a luncheon buffet. The lecture on July 11th will feature two speakers, Doug Farley, Director of the Cobblestone Society and Joell Murney-Karsten of the NY Canal Corporation. Cost of this trip is \$100.

Trip #3: July 27, 2023

The Shaw Festival (Gypsy) in Niagara-on-the-Lake, Canada

Join your friends as we return to the Shaw Festival, featuring the musical *Gypsy*. There will be time to shop and have lunch in Niagara-on-the-Lake village with dinner at the Queenston Heights Restaurant after the performance. The speaker for our lecture on July 25th is Michael Lasser. Cost of this trip is \$160.

Trip #4: August 10, 2023

Niagara USA: Maid of the Mist Cruise at the Falls and Old Fort Niagara

Enjoy a cruise on the Maid of the Mist beneath the Falls and a tour of Old Fort Niagara in Youngstown, NY. Lunch will be an Italian buffet at Como Restaurant and Lounge in Niagara Falls. The lecture on August 8th will feature two speakers who are both Osher members and course leaders: Chuck Sparnecht and Tim McDonnell. Cost of this trip is \$110.

Registration opens April 3

Visit

www.rit.edu/gcr/osher/summer-seminar-2023

for detailed itineraries, registration instructions, and more!

Membership Purchase

Please fill in the information below and send to Osher Lifelong Learning Institute at RIT, 50 Fairwood Dr., Suite 100, Rochester, NY 14623

Membership Type: ☐ Full-Year (\$350) ☐ Single-Term (\$150) ☐ Convert Winter Single-Term to Full (\$200) ☐ Supporting (\$170)

Name:		last	first	preferred (nickname)	phone number	email
street			city		state	zip
Your license plate number(s)		In case of an emergency or illness call		name/relationship		phone number
physician					phone number	
I agree to abide by the policies and procedures of the Osher Lifelong Learning Institute at RIT						date
signature:						

Payment for Membership or Renewal

☐ Pay by credit card (circle one)   ☐ Pay by check: (payable to Osher at RIT)

Support Osher's future

Would you like to add a donation amount to your total? \$

Thank you for your support!

DONATIONS MADE BY CHECK **MUST** BE IN A CHECK SEPARATE FROM YOUR MEMBERSHIP PAYMENT.

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person's name as printed on credit card	total payment	expiration date	3-digit security code (found on back of card)
signature			

Course Registration

course #	course title	course #	course title

We'd like to know more about you. Please complete the Member Profile on the other side.

How Did You Hear about Us?

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Radio | <input type="checkbox"/> Advertisement | <input type="checkbox"/> Word of Mouth |
| <input type="checkbox"/> Mailing | <input type="checkbox"/> Google or Other Search | <input type="checkbox"/> Other: <input type="text"/> |
| <input type="checkbox"/> Social Media | <input type="checkbox"/> Article or Blog Post | |

Member Profile

We ask each member to provide us with information about him/herself. This information is kept strictly private and is used to help us meet your membership expectations (social events, special-interest groups, and committees). Please take a few minutes to provide us with this information.

Please indicate your life experiences. (Check all that apply)

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|--|-------------------------------------|--|--|
| <input type="checkbox"/> Administration | <input type="checkbox"/> Homemaking | <input type="checkbox"/> Military | <input type="checkbox"/> Volunteer Work |
| <input type="checkbox"/> Business | <input type="checkbox"/> Journalism | <input type="checkbox"/> Ministry | <input type="checkbox"/> AED/CPR Trained |
| <input type="checkbox"/> Education | <input type="checkbox"/> Law | <input type="checkbox"/> Self-Employed | <input type="checkbox"/> Other: <input type="text"/> |
| <input type="checkbox"/> Engineering | <input type="checkbox"/> Marketing | <input type="checkbox"/> Science/Mathematics | |
| <input type="checkbox"/> Health Services/Social Work | <input type="checkbox"/> Medicine | <input type="checkbox"/> Technology | |

Helping out at Osher Because we are member-led, we rely on active participation to run the organization. Service is greatly needed. Please check all areas in which you would consider volunteering.

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| <input type="checkbox"/> Arts & Lectures | <input type="checkbox"/> Curriculum Planning | <input type="checkbox"/> Market Research/Survey | <input type="checkbox"/> Pfaudler Lecture Series |
| <input type="checkbox"/> Classroom A/V Support (Wizards) | <input type="checkbox"/> Finance | <input type="checkbox"/> Member Relations | <input type="checkbox"/> Social |
| <input type="checkbox"/> Course Leader | <input type="checkbox"/> Fundraising | <input type="checkbox"/> New Member Recruitment | <input type="checkbox"/> Summer Seminar/Trip Series |
| | <input type="checkbox"/> Marketing | <input type="checkbox"/> Osher Newsletter | <input type="checkbox"/> Technology/Computers |

Please indicate course areas that are of interest to you. (Check all that apply)

- | | | | |
|---|-------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Art | <input type="checkbox"/> Finance | <input type="checkbox"/> Math/Science | <input type="checkbox"/> Social Sciences |
| <input type="checkbox"/> Computers | <input type="checkbox"/> Geography | <input type="checkbox"/> Music | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Current Events | <input type="checkbox"/> History | <input type="checkbox"/> Philosophy | <input type="checkbox"/> Writing |
| <input type="checkbox"/> Drama | <input type="checkbox"/> Languages | <input type="checkbox"/> Religion | <input type="checkbox"/> Other: <input type="text"/> |
| <input type="checkbox"/> Economics | <input type="checkbox"/> Literature | | |

Do you have any ideas for courses you would like to lead or like to see led? Please describe the course(s) and indicate whether you would like to pursue this with a member of the Course Offerings Committee.

FOR OFFICE USE ONLY

- | |
|---|
| <input type="checkbox"/> Entered into ProClass |
| <input type="checkbox"/> Entered into Spreadsheet |
| RECEIVED BY: <input type="text"/> |
| DATE: <input type="text"/> |

Important to Note

Registration Information

Please make payments and/or register online for your courses using your Osher account at <http://reg138.imperisoft.com/Osher/Login/Registration.aspx>. If you don't know your Osher account user name or password, please go to the Login Help webpage at <http://reg138.imperisoft.com/Osher/LoginHelp/Registration.aspx> and enter your email address to receive instructions on resetting your user name and password. Please allow up to 20 minutes for this email message to reach your inbox. If you would prefer to have a staff member make your credit card payment and/or register you, please email us at osher@rit.edu.

Some courses require the purchase of books or materials.

Osher Lifelong Learning Institute at RIT reserves the right to cancel courses because of low registration, last-minute unavailability of course leaders, or other unavoidable circumstances. Members will be notified immediately of such cancellations so that they may select alternative course(s).

Refund Policy

In the case of the death or incapacitation of a Full-Year member, a pro rata portion of their annual membership fee is eligible to be refunded. The membership fee is otherwise generally nonrefundable. The Program Director, in consultation with the Chair of Council, may consider a refund request for other individual circumstances. For administrative purposes, all refund requests must be made in writing.

Masking

Masking is currently **optional** in the Osher building.

Join a SIG!

A SIG (Special Interest Group) is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. Don't see what you want? You can start a new SIG. Contact staff for details.

The following SIGs are currently meeting:

SIG	CONTACT	DESCRIPTION
Mac Computers (OS X) iPhone/iPad (iOS)	Tom Lathrop	Discussions, problem solving, members helping members, sharing tips and tricks, and demonstrations
Photography	Loretta Petralis	The group focuses on reviewing members' photos and sharing camera setting and photo editing techniques.
Purls of Wisdom (knitting & needle craft)	Terri Hurley	For all experience levels, come learn and share techniques.
Travel	Jane Eggleston	Share your favorite photos, memories, and experiences of your previous travel adventures.
Walking Group	Helen Moore	This is an outdoor walking group for interested members.
Woodworking	Jim Scott	Members with an interest in this craft are welcome.



Osher Lifelong Learning Institute at RIT

The Athenaeum Building
50 Fairwood Drive, Suite 100
Rochester, New York 14623

For more details on our programs, people, and events, please visit www.rit.edu/osher

Through with your catalog? – Share it with your friends!

Mark your calendar!

Join us at our

Spring Course Preview / Open House



Hybrid



on Monday, March 27, 2023

10:00 – 11:30 am

Participate in person or via Zoom! For Zoom meeting details, contact osher@rit.edu

Registration opens March 28 at 10 am | Classes start April 10

Osher Lifelong Learning Institute at RIT

A Learning Community for Adults Age 50+