RIT Osher Lifelong Learning Institute

Spring 2024
Course Catalog

Course Preview & Open House 4/1

Registration Opens 4/2

Courses Begin 4/15



A Learning Community for Adults Age 50+ rit.edu/osher

Osher's 2024 terms: Winter (January 16 – March 25) Spring (April 15 – June 10)

Summer (July 8 – August 21)

Fall (September 16 – December 13)

There are multi-week breaks between each term.

Membership Benefits

Unlimited Courses

Peer-led courses form the core of our program, and there are no tests or grades! We encourage interaction and discussion in every class whether it be in-person, hybrid, or online via Zoom. You will also gain access to our large library of course recordings stored on our members-only content hub. Register for classes online (see pages 4-5 for instructions).

Pfaudler Lecture Series

(Thursdays at 12:15, Winter, Spring, & Fall Terms)

Listen to a thought-provoking lecture by a guest speaker. These lectures will be in the hybrid format which means that you can attend in person or via Zoom. Most lectures are recorded and available on our members-only content hub. See pages 19-20 for more information.

Social Events

An important part of the Osher experience is socializing with fellow members in a relaxed atmosphere at gatherings such as our annual picnic, holiday luncheons, and local events.

SIGs (Special Interest Groups)

A SIG is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. All members are encouraged to join an existing SIG or to initiate the formation of a new SIG. See page 6 for more information.

Arts & Lectures Event Series

This enrichment series, made possible by our endowment from The Bernard Osher Foundation, brings us entertaining artists and expert speakers at no additional charge to members.



University Benefits:

A Full-Year membership at Osher includes these Rochester Institute of Technology (RIT) student perks and privileges.

RIT Student ID Card

- Discounts wherever student discounts are offered worldwide
- Free Henrietta BJ's Wholesale Club membership
- Student admission rates for campus events
- Borrowing privileges at the RIT library, including online collections, journals, etc.
- And more!

Audit RIT Undergrad Courses:

 Members can audit eligible undergraduate classes university wide (see page 33 for more details)

Audiology Services:

 State-of-the-art hearing evaluation, hearing-aid service, and purchase are available through RIT's National Technical Institute for the Deaf (NTID).

Questions? Reach us at (585) 292-8989 or osher@rit.edu

	Unlimited	Pfaudler So	Social	Social Arts &		RIT			
Membership	Fee	Courses & Recordings		Events & SIGs	Lectures Events	Summer Trips	Student ID Card	RIT Classes	Audiology Services
Full-Year	\$360								
Single-Term	\$160								
Supporting (full year)	\$170								

Which membership suits your needs?

We have varying levels of membership to fit your individual needs. You can begin your membership during any of our terms.

Full-Year Membership

A Full-Year individual membership begins in whichever term you join and entitles you to four terms of **all** our available Osher Institute benefits in the chart on the previous page, including unlimited classes and events, and access to our library of course/lecture recordings **plus** RIT University benefits such as a student ID card and access to auditing RIT classes. The annual fee is **\$360**. Renewable.

Single-Term Membership

Individuals may participate in an unlimited number of Osher Institute courses and events for one term. You also have access to our library of course/lecture recordings. Renewable.

The fee is **\$160**. You may convert your Single-Term membership into a Full-Year membership by paying the additional balance at the end of the term, thereby adding the next three terms.

Not included: RIT university class auditing and student ID card

Supporting Membership

A Supporting individual membership entitles you to partial Osher Institute programming: social events, the Pfaudler Lecture Series, the Summer Seminar trips, Arts & Lectures events, and Special Interest Groups (SIGs).

The annual fee is \$170. Renewable.

Not included: Osher Institute classes and library of course recordings; RIT university class auditing and student ID card

Community Group Membership

A Community Group membership is designed for senior-living facilities, town recreation groups, and other associations who would like to provide programming to their residents/members. The membership includes unlimited, live, interactive Zoom classes and access to our large library of course recordings. Zoom classes or recordings must be broadcast in a common room where residents congregate together; residents may not join classes from their own homes. The fee for one trial term is \$350. Additional terms after the trial are \$500 each. Contact us at osher@rit.edu for more information and pricing of in-person classes for groups.

REGISTRATION OPENS TUESDAY, 4/2 at 10 am

Directions for Online Course Registration

The directions on this page will help you to register successfully. Online registration is your best bet for getting into the courses you want. Handing in a paper registration form early does not get you registered any earlier.

All paper registrations are processed, in random order, by staff beginning at 10 am on registration day. [Note: The sample screens shown on this page are what you would see if working on a desktop or laptop computer. The screens on a phone or tablet will look different.]

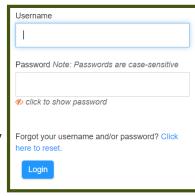
[1] Begin by visiting our website at https://rit.edu/osher and click on **REGISTER** in the top middle of the page.



[2] On this page, choose the rightmost option:



[3] On this page, locate the "Username" and "Password" fields and fill them in. Then click the "Login" button. If you don't know your username and password, click on the "Click here to reset" link.



[4] Wait for the system to log you in. Once you're logged in, you will see <your name> in the upperright corner beside the gear icon.

IMPORTANT: You must be current with your payment in order to register for courses. If your membership expires before the Spring 2024 Term begins, and you are not paying online, please make your payment well before registration day, **TUESDAY**, **APRIL 2**.

Search of the screen under the "Search Options" heading, click on the "View Courses for" drop-down menu, and select your name.

Then click on the "Select Term" drop-down menu and select "2024-02 (Spring)". (Additionally, you may select a "Day" of the week to narrow down your search.) Then click the "Search" button.



[6] Scroll through the list of courses being offered. Click on the "Register" box/button (it turns orange) below the class you want to take. To get to the next page of offerings, click the 2, 3, etc. found at the bottom of the page you're on.



[7] Follow the prompts to either continue selecting courses or to complete your registration checkout. [Note: You will have 60 minutes to choose all of your courses.] Once you have selected all the courses you want, click the "Checkout" button.



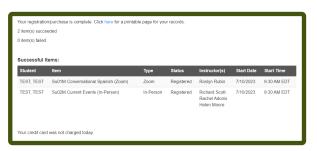
Course Registration Directions (cont'd)

[8] This page shows all of your selected courses. Read the "Terms of Use" and tick the box to accept them. YOU MUST TICK THIS BOX IN ORDER TO CLICK "CONTINUE"!

You must click the "Continue" button in order for your registration to be complete.



[9] And the final page (Your registration/ purchase is complete) shows the list of Successful Items (your courses).



You will get a confirmation letter email for each course for which you've registered. For hybrid and Zoom courses, the confirmation email will contain the Zoom meeting information and link. Save this email so that you can join your Zoom classes each week.

Note: You can log in to your account and see a list of your courses at any time by clicking the "gear" icon next to your name at the top right of the Registration page.



Click on the "My Account" box, and at the top of the page, you will see "Personal Information" then scroll to the bottom of the page and click on the "My Courses" tab (between the Emergency Info tab and the Memberships tab).

Important Hybrid Class Registration Information

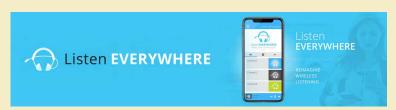
For all hybrid classes you choose, be sure to register for **EITHER** the **in-person** option **OR** the **Zoom** option. If you register for inperson, you will also receive the Zoom link (in case you can't make class on a particular day). If you register for the **Zoom** option, you **WILL NOT** be able to attend the class **in-person**.

Join us at our Spring Course Preview / Open House

on Monday, April 1, 2024 10 – 11 am Course Preview Presentation 11 – noon Open House/Reception

Join us for the preview in person or via Zoom! For Zoom meeting details, contact osher@rit.edu

Registration opens April 2 at 10 am Classes start April 15



Thanks to a grant from the Bernard Osher Foundation, we were able to purchase "Listen Everywhere", an assistive listening system that will allow you to stream classroom audio directly to your cell phone that can be adjusted to your personal volume preference. Bring your own headphones or ear buds, download the free app, and don't miss any of the conversation in your classes. Installation will occur over break after the winter term and should be fully operational by the time spring classes begin on April 15.



A SIG (Special Interest Group) is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. Don't see what you want? You can start a new SIG. Contact staff at **osher@rit.edu** for details.

The following SIGs are currently meeting:

SIG	COORDINATOR	DESCRIPTION		
Mac Computers (OS X) iPhone/iPad (iOS)	Tom Lathrop	Discussions, problem solving, members helping members, sharing tips and tricks, and demonstrations		
Photography Loretta Petralis		The group focuses on reviewing members' photos and sharing camera setting and photo editing techniques.		
Purls of Wisdom (knitting & needle craft)	Terri Hurley	For all experience levels, come learn and share techniques.		
Travel	Jane Eggleston	Share your favorite photos, memories, and experiences of your previous travel adventures.		
Walking Group	Helen Moore	This is an outdoor walking group for interested members.		



The Osher Walking SIG

Tuesday

Wednesday

RIT Osher Lifelong Learning Institute

Current Events	Athenaeum Book Club	Express Yourself Through Writing Fiction

1:15 am – 12:45 pm ET	1:30 – 3:00 or 3:30 pm ET
an Virtue Be Taught?Sp19T loshe Cahill (4/16 – 6/4)	BeautySp23T Tom Low (4/16 – 6/4)
lemoirs	Irish Culture and LiteratureSp24T Jack Callaghan (4/16 – 5/14)
lusic of the Romantic PeriodSp21T I Mathias 4,446 - 674)	The Novel that Changed Detective Fiction ForeverSp25T
ne Space Telescopes that Have Changed our Understanding of the UniverseSp22T om McDonnell (4/16 – 6/4)	Lisa Jadwin <i>(4/16 – 6/4)</i>
i i i	no Virtue Be Taught?

9:30 – 11:00 am ET	11:15 am – 12:45 pm ET	1:30 — 3:00 pm ET
Discussing The New Yorker MagazineSp26W Dupont & Levinson (4/17 – 6/5) Pillaging Europe: Nazi Art Theft in World War II	Contemporary Events Sp29W Terri Hurley (4/17 – 6/5) Sp30W Energy and Life Sp30W Wolf Seka (4/17 – 5/8) Sp31W Writing Workshop Sp31W Jim Hooper et al. (4/17 – 6/5)	The Future of Health, Medicine, and Biotechnology: Part 3

	9:30 - 11:00 am ET	12:15 — 1:30 pm ET	1:45 – 3:45 pm ET	
Thursday	Intermediate Spanish 3Sp35Th Roz Rubin (4/18 – 6/6)	Pfaudler Lecture Series (weekly) Various topics and presenters.	Flickstory	
	Law in the News	see pages 19-20	History of New England in the Colonial EraSp39Th Tom Lathrop (4/18 – 6/6)	
	A Film Discussion GroupSp37Th Sandra Vallot (4/18 – 5/16)		Sherlock Holmes: From Baffled to "Ben"	









Osher Lifelong Learning Institute Course Exchange

We are pleased to announce that we are partnering with other Osher Lifelong Learning Institutes (OLLIs) to provide our members more course offerings at no additional cost. Thanks to time zone differences we are now able to offer you late afternoon and evening classes! Sign up for these courses through our registration system, not through the partner OLLI sites. Please note that the course numbers for the Dartmouth courses ARE NOT SEQUENTIAL.

	USURING LL Lat Chico State							
	Tuesday	Wednesday	Thursday					
OLLI Course Exchange	Climate Change: What's Really on the Horizon?	Hail to the Celts Sp46E Katherine Harper 1:00 – 2:30 pm ET, 4/24 – 6/26 See pages 22-24 for Chico State courses.	Australian Art: Some Topics					
		Osher Lifelong LEARNING LEARNING ATTIVITY OSher Lifelong Learning Institute at Dartmouth						

Monday Tuesday

Intro to Supply Chains for Consumers...Sp49E Marge Cunningham 2:00 – 4:00 pm ET, 4/15 – 4/29 Tips and Tricks for Planning Exciting Memorable Low-Cost Vacations Sp50E Steve Shama 9:00 – 11:00 am ET, 4/8 – 4/22 A Peculiar People: The Enfield, NH Shakers Sp61E Mary Ann Haagen 12:30 – 2:30 om ET, 4/8 – 5/20

Brain and Behavior: How Do We Process the World Around Us? Sp62E Clara Sava-Segal 5:00 - 7:00 pm ET, 5/7 - 6/4 Frost in Summer -A Few Months Early.....Sp63E Peter Gilbert 10:30 am - 12:30 pm ET, 4/9 - 5/7

The Hour That Changed
Ben Franklin ForeverSp51E Jim Bays 11:30 ám – 1:30 pm ET, 4/17 – 4/24 Genealogy & DNA Case Studies..... Sp64E Lana Leggett-Kealey 12:30 – 2:30 pm ET, 5/15 – 6/5 Present at This Creation..... Sp65E Sarwar Kashmeri 11:00 am - 1:00 pm ET, 4/10 - 5/29

Wednesday

Thursday Active French - Beginner Français..... Sp52E Gloria Finkelstein 3:00 – 5:00 pm ET, 4/25 – 5/9 Food Glorious Food! Sp53E Larry Canepa 2:00 – 4:00 pm ET, 4/25 – 5/2 **How to Report and Write News** in Your Community Sp54E 10:00 am - 12:00 pm ET, 4/11 - 5/30 In Your Genes: Hope or Hype, Promise or Peril..... Sp55E

OLLI Course Exchang

Intermediate Spanish
Grammar & Conversation, Part 2 Sp56E Morris Kaplan 2:00 – 4:00 pm ET, 4/25 – 6/13 Is It Soup Yet?..... Sp57E Larry Canepa 3:00 – 5:00 pm ET, 4/11 – 4/18 The Mile of Manufactories on the Merrimack at Manchester Sp58E Martin Jefferies 3:30 – 5:30 pm ET, 5/9 – 6/13 Plein Air: Painting Outdoors..... Sp66E David Gordon 11:30 am - 1:30 pm ET, 5/9 - 5/30

Thursday (cont)

Friday Applied Games of Modern Economics......Sp59E Eli Joseph 11:00 am – 1:00 pm ET, 4/19 – 5/31 **Bread and Soil in Ancient Rome: Environmental Challenge and** Cultural Response Sp60E Bruce James 9:30 – 11:30 am ET, 4/12 – 5/17 New Nuclear is Hot......Sp67E Robert Hargraves 9:30 - 11:30 am ET, 4/26 - 5/24

See pages 25-31 for Dartmouth courses.

THE UNIVERSITY OF ARIZONA OSHER LIFELONG

LEARNING INSTITUTE Tuesday Thursday

OLLI Course Exchange Al Update May '24 Sp68E Elena Berman 2:00 - 3:45 pm ET, 5/14 - 5/28 Danger, Suspense and Deception: The Best of Alfred Hitchcock Sp69E Jav Sherwin 2:00 – 3:45 pm ET, 5/28 – 6/18 Randall Krause 12:00 - 1:45 pm ET, 5/14 - 6/18

4:30 - 6:30 pm ET, 4/11 - 5/2

Chen Village Tai Chi......Sp71E Randall Krause 12:00 - 1:45 pm ET, 5/23 - 6/20

See pages 31-32 for Arizona courses.

[Note: We will be closed on Memorial Day, May 27, and as such there will be no classes on that Monday.]

Monday

OLLI at RIT Spring 2024 Course Schedule

Current Events Sp1M

[NEW CONTENT] We will discuss timely topics chosen by the attendees. Class members are encouraged, but not required, to participate. All political views are welcomed and respected. Join us to "talk the talk". Discussion

Dick Scott has led many Osher courses and enjoys both presenting and attending courses. Helen Moore worked in Rochester news behind-the-scenes as a photo journalist. Rachel Adonis is retired from her career in financial services and has enjoyed attending Osher classes and participating as a course leader.

Mondays: 9:30 – 11:00 am **April 15 – June 10 EIGHT** Weeks:



[NEW COURSE] [MULTI-PART SERIES] This course builds on the foundation established in the prior Japanese courses. We will explore the past tense of verbs, expand our knowledge of sentence particles, grow vocabulary, learn the katakana character set, and polish our verbal skills. Required Text: GENKI: An Integrated Course in Elementary Japanese by Eri Bano, ISBN 9784789017305 (textbook, not the workbook; available on Amazon and Ebay) Enrollment Limit: 10 Participation in Parts 1 and 2 of this course or limited familiarity with Japanese is a prerequisite. Audio/Visual, Discussion, Lecture, Writing, Reading

Gary Mitchell has been interested in Japanese culture for many years. At Osher he has taught courses in Japanese Woodblock Prints and Kabuki. He has taken classes in Japanese at a local college and attended an immersive Japanese language course in Kyoto.

Mondays: 9:30 – 11:00 am **EIGHT** Weeks: **April 15 – June 10** In-Person Only

Women Hidden From HistorySp3M

[NEW COURSE] We all know about the Wright brothers, but did you know there was a Wright sister? We will shine a light on her and many other women who received little or no recognition for roles they played in science and other areas. Lecture

A former science teacher, **Debby Zeman** has taught classes on women of science, government, leadership, and more at Osher.

Mondays: 9:30 – 11:00 am **FOUR** Weeks: May 13 - June 10

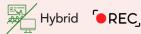


Athenaeum Book Club.......Sp4M

[NEW CONTENT] A peer-led group of dedicated readers will read and discuss the final two selected books for the 2023–2024 academic year. On April 29 we will discuss the first book (fiction), and on June 3 we will discuss the second book (nonfiction). Required Texts: The Promise by Damon Galgut, ISBN 9781609457440 and Dinner with Ruth: A Memoir on the Power of Friendships by Nina Totenberg, ISBN 9781982188085. Both are available from the Monroe County Library System. **Enrollment Limit: 35** Discussion, Reading, Peer Group

Maureen Murphy, a retired social worker, is a lifelong pleasure reader who enjoys many retirement activities, including travel, knitting, family events, and, of course, other Osher classes.

11:15 am – 12:45 pm Mondays: April 29 & June 3 **TWO** Weeks:





Battle of Britain: Invasion 1940Sp5M

[NEW CLASS] During World War II, information often heavily saturated with propaganda was disseminated to wide audiences via radio and newsreels. These novel mass communication methods propagated many distortions of events which are now widely accepted as facts. These distortions have often been subsequently reinforced by movies, documentaries, and published books. Our contemporary notion of The Battle of Britain is a shining example of this state of affairs. Join us to hear the rest of the story. Audio/Visual, Lecture

Dick Scott has presented many courses at Osher including several on World War II.

11:15 am – 12:45 pm Monday:

ONE Week: April 22



[NEW CLASS] In the 1870s America's best-known religious leader was Henry Ward Beecher, the most influential pastor since the Mathers in colonial New England. In 1874, splashed across the newspaper headlines in New York City, appeared an expose of an adulterous affair between Beecher and one of his parishioners. The resulting firestorm of suits and counter-suits in the New York courts lasted for two years and polarized the public into pro and con factions. Audio/Visual, Lecture

Gary Mitchell is a history nerd. He's attracted to events that resonate with 21st-century America—events that suggest there is nothing new under the sun.

Monday: 11:15 am - 12:45 pm

ONE Week: April 29





Anna Rosenberg: Confidante of Presidents......Sp7M

[NEW CLASS] Over seven decades Rosenberg was a trusted adviser, friend, and confidante to Presidents FDR, Truman, Eisenhower, and Johnson. Her fingerprints were on everything from the Manhattan Project to the GI Bill to the desegregation of the military. Life magazine called her "far and away the most important woman in American government." She won the Congressional Medal of Honor (1946) and was the first woman to be awarded the Medal of Freedom (1945) and the US Medal for Merit (1947). And yet, most people today have never heard of her. Let's remedy that situation. Audio/Visual, Lecture

Michelle Turner has presented many lectures on diverse topics such as architect Frank Gehry, the Bosnia-Serbian War, women photographers, and surrealist artists. This course was inspired by reading Christopher Gorham's The Confidante, the story of one of the most powerful women in the US government from 1933-1969.

Monday: 11:15 am – 12:45 pm

ONE Week: April 29





Edith Wharton: A Reflection of the Gilded AgeSp8M

[NEW CLASS] We will look at Edith Wharton's life as a reflection of the Gilded Age, that opulent period of American excess and wealth the stretched from 1870 to 1914. She describes both the excesses and ironies of a rigid Old New York society facing onslaught by "invaders" like Rockefeller, Vanderbilt, and Carnegie who trumped lineage with wealth: "The daughters of the Invaders bought their husbands as they bought an opera box. It ought all to have been transacted on the stock exchange." She would turn her back on that society to witness WWI from her balcony in Paris, a mere 40 miles from the guns at the front. Audio/Visual, Lecture

Debbie Huff enjoys sharing her love of the nuances literature gives to understanding periods in our country's history.

Monday: 11:15 am – 12:45 pm

ONE Week: May 6





South Africa: Exploring Its Biological, Geographic, and Cultural Diversity

[NEW CLASS] The history of South Africa, including its diverse wildlife, geography, and cultures, is truly amazing. The course leader will discuss how these factors impact the current situation in the country. Having just returned from a trip there, she will show photos and share her first-hand experiences. Audio/Visual, Lecture

Jane Eggleston, an Osher member since 2013, is a retired geologist who enjoys leading courses. She loves traveling and is the coordinator of Osher's Travel SIG. She has organized trips to the Galapagos and South Africa for Osher members.

Monday: 11:15 am – 12:45 pm

ONE Week: **May 13**





All About PaperSp10M

[NEW CLASS] We will discuss the invention and evolution of paper as well as techniques, materials, and uses of this valuable fiber. Audio/Visual

Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director including 10 years teaching AP Art History. She has an AB from Cornell and an MA in art history from Case Western Reserve University.

Monday: 11:15 am - 12:45 pm

ONE Week: **May 20**





Express Yourself Through Writing Fiction......Sp11M

[NEW CONTENT] Each week share your stories with a community of supportive writers in an atmosphere that encourages growth and risk taking. Assignments are built around a learn-by-doing philosophy using an 800-word-flash-fiction model. All genres of fiction are welcome, and all skill levels from beginner to world-famous author are embraced. Whether you write for personal pleasure or with an eye towards eventual publication, this course has something for you. Enrollment Limit: 13 Discussion, Reading, Writing

Gary Mitchell is a published author with works in both the fiction and non-fiction realms. He learned to write through the share-and-critique model of literary improvement. There are three keys to writing mastery: practice, practice, and practice.

Mondays: 1:30 - 3:30 pm **EIGHT** Weeks: **April 15 – June 10**

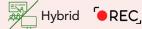


Senior Living OptionsSp12M

[NEW COURSE] This course is designed to give members a detailed picture of the types of senior facilities that exist locally including a differentiation of the various categories of housing. Audio/Visual, Discussion, Lecture

Gene Clifford, an Osherite since 2011, has presented several courses. Christine Peck from Lifespan will share her expertise on this subject.

1:30 - 3:00 pm Mondays: **FOUR** Weeks: April 15 - May 6





Tennyson's Poetry TodaySp13M

[NEW COURSE] Once the most-read poet in English, Tennyson's poems are not just Victorian artifacts. We'll read several poems that are surprisingly modern—dealing with what a young idealist can do in a rapidly-changing, industrializing capitalist world, the seductions of that new world, difficult choices in a democracy that may be producing as many problems as it solves, and the spiritual crises provoked by modern science. The problems of 200 years ago are at the root of today's controversies and often don't look that different. Course Website: http://sites.google.com/view/tennysonosher Enrollment Limit: 25 Audio/Visual, Discussion, Lecture

Donna Richardson is professor emerita at St. Mary's College of Maryland where she taught for over 30 years. Her favorite topics include British Romanticism, poetry of just about any era, and Russian literature.

1:30 – 3:30 pm Mondays: **FOUR** Weeks: April 15 – May 6





[NEW CLASS] After Israel was invaded by Hamas terrorists on October 7, Victor and Mike both felt it was incumbent on them to visit Israel again (they both had been there several times before). The trip, sponsored by the Jewish Community Federation, included visits to the Nova musical site where hundreds of Israeli citizens were massacred, a kibbutz, a hospital, a farm, and various other places. Together with Mike's wife, Suzanne, they will show photos of the places they visited, share their impressions of what they saw, and discuss how it affected them.

Victor Poleshuck, a retired physician, and Mike Schnittman, a retired lawyer, have led numerous courses at Osher including Medical Ethics and Law in the News.

Monday: 1:30 – 3:00 pm

ONE Week: May 13





A Journey Along the Silk RoadSp15M

[NEW CLASS] Join us on a trip along the Silk Route, starting in southeastern Kazakhstan and traveling through Tajikistan, Uzbekistan, Kyrgyzstan, and ending in Turkmenistan. We'll visit the ancient cities of Tashkent, Bukhara, and Samarkand and learn about the exploits of Genghis Khan and Tamerlane. We'll explore the madrasas of these cities and the deserts of Uzbekistan, and we'll witness the game of Ulak Tartysh, a sort of polo played with a goat carcass in Kyrgyzstan. We'll visit markets with exotic foods for sale, and much more. The presentation will incorporate many photographs and videos. Audio/Visual, Lecture

Victor Poleshuck is a retired physician with a love of travel.

Monday: 1:30 - 3:00 pm

ONE Week: **May 20**



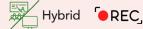


[NEW CONTENT] The course leaders are proud to present this two-part session which will answer: "How much risk should I be taking in my investments? What rate of return do my investments need? How do I make sure I can stay retired? What strategies should I use when filing for Social Security? Do I need life insurance? Will I outlive my money? How can I generate additional income in retirement? Is there room for charity in my plan, how can I save on taxes, and what do the latest tax law changes mean for me?" Hal and John will wrap up with a Q&A session and will offer confidential, no-obligation, complimentary oneon-one consultations to all interested attendees. Discussion, Lecture

Hal Burrall is executive director of planned giving (www.legacyrit.org) at RIT, and John Skomski is retirement sustainability specialist and partner at Best Times Financial (www.besttimesfinancial.com).

Monday: 1:30 - 3:30 pm

ONE Week: June 10





Tuesday

OLLI at RIT Spring 2024 Course Schedule

JazzFest 2024: A PreviewSp17T

[NEW COURSE] The 21st edition of the Rochester International Jazz Festival will run from June 21 through June 29, 2024. In a nutshell, there will be nine days of concerts (over 300) performed by 1,800 artists on 19 stages in downtown Rochester. This course and guide will help you find your way around the festival, but mostly it will offer day-by-day highlights of artists and groups worth checking out. Audio/Visual, Discussion, Lecture

Peter Luce has attended every Rochester Jazz Festival since the first in 2002.

9:30 – 11:00 am Tuesdays: FIVE Weeks: May 7 - June 4

O In-Person Only REC

Scandinavia and the VikingsSp18T

[NEW COURSE] The Vikings have long conjured up images either of ruthless pirates ravaging the coast of Europe or of pagan warriors dedicated to Odin, god of ecstasy, poetry, and battle. These images, well supported in the medieval sources, are only one part of the story of the impact of the Scandinavians on early medieval civilizations. The creation of the classic Scandinavian kingdoms of Norway, Denmark, and Sweden will be examined along with the people, geography, and cultures. The Vikings (790-1100 BCE) established and engaged in extensive trade networks throughout the known world and had a profound influence on the economic development of Europe and Scandinavia. Audio/Visual, Discussion, Lecture

When Marie Levin retired from a career in clinical laboratory science, she began studying history. She has led Osher courses on the history of Greece, Rome, Mesopotamia, Egypt, India, Russia, and South America.

Tuesdays: **EIGHT** Weeks: 9:30 - 11:00 am

April 16 - June 4





Can Virtue Be Taught? Sp19T

[NEW COURSE] We will read the Platonic dialogues Charmides, Laches, Meno, and The Apology. Socrates interrogates the concepts of temperance, courage, and innate or taught knowledge of virtue. Did Socrates' accusers have a solid foundation for the case they presented at his trial? Audio/Visual, Discussion, Reading

An academic philosopher, **Moshe Cahill** has been an Osher member and course leader since 2015.

Tuesdays: **EIGHT** Weeks:

11:15 am - 12:45 pm April 16 – June 4

In-Person Only

These words have all been said about writing memoirs: "I've been thinking about it"; "I've been meaning to"; "How do I start?"; "My kids don't care" and even "Thanks for encouraging me". Many have found this class valuable as a perfect vehicle for springing into action on a rewarding project. Reading, Writing

Carol Samuel is an enthusiastic veteran Memoirs course leader. A retired obstetrical nurse, she believes there is much convincing evidence today for the value of writing memoirs.

Tuesdays:

11:15 am - 12:45 pm

EIGHT Weeks:

April 16 – June 4



Music of the Romantic Period

[NEW CONTENT] We will study posers of the Romantic Period and their mulic. There will be an emphasis on the music virtuoso and on instrumental mus c; we may include some para of e od. Audio/Visual, Discussion, Lecture

Al Mathias has offered around a cozen husi Usner on various classica and jazz topics. He has decades of ., violin, viola, cello, vibes, piano, and percussion). experience in music performance nd instruction (classical and jazz

Tuesdays: **EIGHT** Weeks:

11:15 am 12. 13 pm April 16 - June 4

Hybrid REC

The Space Telescopes that Have Changed Our Understanding of the UniverseSp22T

[NEW COURSE] Telescopes have provided astronomers the tools to observe the universe since the days of Galileo. If they are on the ground, they have limitations. Now that we are living in the Space Age, there are telescopes orbiting the Earth that have revolutionized our view of deep space. Several such telescopes (Hubble, James Webb, etc.) will be discussed together with the information they are providing to astronomers. Audio/Visual, Lecture

Tim McDonnell, a retired science instructor, has been a proud member of Osher at RIT since 2005. He has led many courses on diverse topics: geography, geology, astronomy, and history of photography. Tim believes that lifelong learning is the key to a more fulfilling retirement.

Tuesdays: **EIGHT** Weeks: 11:15 am – 12:45 pm

April 16 – June 4



[NEW COURSE] What is beauty? Is it only in the eye of the beholder? Is there some concept that can capture it, or is it just what pleases? Should we distinguish natural beauty from art works? Using Santayana's book we will explore these aesthetics. This course is not intended as a history of art nor as art appreciation. We may end with more questions than answers. Required Text: The Sense of Beauty: Being the Outline of Aesthetic Theory by George Santayana, ISBN 0486202380 Discussion, Lecture, Reading

Tom Low has led more than 30 courses at Osher over 13 years on a wide variety of thinkers. Despite a lifetime of art appreciation, this will be his first attempt at thinking about it.

1:30 - 3:00 pm Tuesdays: **EIGHT** Weeks: April 16 - June 4 Hybrid REC

[NEW CONTENT] This course will present various aspects of Irish culture and tradition reflected through prose, poetry, and multimedia. We will focus on authors who have made significant contributions to the world's understanding of the Irish condition as well as Irish current events. Audio/Visual, Discussion, Lecture, Reading

Jack Callaghan endeavors to continue the advancing of Irish culture and literature at Osher.

Tuesdays: **FIVE** Weeks:

1:30 - 3:00 pm April 16 - May 14



[NEW COURSE] In 1988 an unassuming former crime reporter named Thomas Harris published his third novel, and detective fiction was permanently radicalized by the result. The Silence of the Lambs is part police procedural, part novel-of-education, and part cat-and-mouse chase, but terms like these fail to capture the freshness, the intellectual intensity, and the dynamic power struggle between FBI student Clarice Starling and the murderous psychiatrist Hannibal Lecter. Course participants are encouraged to view The Silence of the Lambs film, directed by Jonathan Demme (1991).

Course Website: https://sites.google.com/view/silence-of-the-lambs-osher-rit/home Required Text: The Silence of the Lambs by Thomas Harris, any edition including electronic Audio/Visual, Discussion, Lecture, Reading

Lisa Jadwin has taught literature and film for more than 35 years. Educated at the University of California and Princeton University, she brings broad general knowledge to her courses which are inclusive, entertaining, and insightful.

Tuesdays: **EIGHT** Weeks:

1:30 - 3:00 pm April 16 - June 4 In-Person Only REC



Wednesday OLLI at RIT Spring 2024 Course Schedule

Discussing The New Yorker Magazine Sp26W

[NEW CONTENT] Using the previous week's issue of The New Yorker as a jumping off point, we conduct lively discussions on a very broad range of topics from today's culture, current events, fiction, politics, history, and, of course, the famous cartoons. We stay one week behind the current issue so you have time to read; we will begin with the April 8, 2024 issue.

Required Text: The New Yorker magazine (hard copy or e-copy) by subscription, individual issue purchase, or library Enrollment Limit: 20 Audio/Visual, Discussion, Reading

Joan Dupont and Steve Levinson really enjoy having an opportunity to discuss articles they read in The New Yorker magazine with their class. It really furthers our appreciation of this amazing magazine.

Wednesdays: 9:30 – 11:00 am **EIGHT** Weeks: April 17 - June 5



Pillaging Europe: Nazi Art Theft in World War II

[NEW COURSE] Although conquerors had looted art and cultural artifacts during previous wars, the Nazis took this activity to a whole new level during World War II. This course will examine the factors that contributed to this massive theft, how some stolen materials were recovered, and what, some 80 years later, is still missing. Who were the important Nazis involved? How was some art protected? Who were the Monuments Men? What roles have museums played in the on-going attempts to reunite looted art with the heirs of its rightful owners? These are some of the questions we will address. Audio/Visual, Discussion, Lecture

Chris Ryan, a retired librarian, enjoys sharing her interest in history with others.

Wednesdays: 9:30 – 11:00 am **SIX** Weeks: **April 17 – May 22**



Socratic Philosophizing: The Nature, Practice, and Defense of Philosophy......Sp28W

[NEW COURSE] A central theme of Plato's philosophy is the conflict between Athenian politics and Socratic philosophizing, culminating in the trial and execution of Socrates in 399 BCE Plato defends Socrates in four dialogues. Euthyphro defends Socrates against the sacredness of the family: Apology (defense) of Socrates defends Socrates against charges of impiety and corruption of the young. Crito defends Socrates against the charge of challenging the law. Phaedo defends Socrates against misology (hatred of arguments). These defenses include accounts of Socratic dialectic and Plato's metaphysics and theory of knowledge. No prior acquaintance with philosophy is needed to take this course. Required Text: Plato: Five Dialogues: Euthyphro, Apology, Crito, Meno, Phaedo, translated by G. M. A. Grube and revised by John M. Cooper, ISBN 0872206335 Discussion, Lecture

[NEW COURSE LEADER] Walt Soffer, Ph.D., is professor emeritus of Philosophy at SUNY Geneseo and recipient of the Chancellor's Award for Excellence in Teaching. His teaching and publications have been principally in the areas of ancient philosophy, modern philosophy, phenomenology and existentialism, history of political philosophy, philosophy of religion, interdisciplinary humanities, and ethics.

Wednesdays: **EIGHT** Weeks: 9:30 – 11:00 am April 17 – June 5





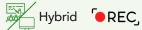
Contemporary Events Sp29W

[NEW CONTENT] We will engage in a lively, orderly discussion involving contemporary events submitted by members of the class. Discussion

Terri Hurley has been an Osher member for 15 years. She tries to maintain order with some humor and keep the class on topic.

Wednesdays: **EIGHT** Weeks:

11:15 am – 12:45 pm April 17 – June 5





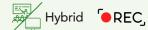
Energy and Life Sp30W

[NEW COURSE] While energy does not depend on life, life very much depends on energy. This course will discuss some technical/scientific aspects of both energy and life. The course requires no prior knowledge of science although curiosity helps. We will discuss the sources of energy and their manifestations, transmutations and limitations, and how they support life in all its variety. We will also discuss how mankind (in contrast to all other forms of life) has appropriated many forms of energy to its advantage as well as its disadvantages (global warming and wars). Audio/Visual, Discussion, Lecture

Wolf Seka (Ph.D. in Physics, UT-Austin, 1965) worked in Vancouver BC, Paris, Rome, and Bern before joining the UofR Laser Lab in 1976 to work for 41 years as a laser and plasma physicist. He is retired and has taught Osher courses on optics, waves, and climate change.

Wednesdays: **FOUR Weeks:** 11:15 am – 12:45 pm

April 17 – May 8





Writing Workshop Sp31W

Following the Writing Workshop format, each class starts with a short lesson about some aspect of the writing craft. Participants then have time to write on a topic of their choice and conference with class members. We cover a variety of genres and styles in a friendly environment. Enrollment Limit: 15 Audio/Visual, Discussion, Writing, Workshop

Our Osher course-leader team of Jeanne Strining, Jim Hooper, Patricia Black, and Diana Lockhart include respectively: a Writing Workshop course designer who taught in Brighton and Webster schools; a teacher and manager of human service providers; a registered nurse/technical writer/computer trainer; and a lover of words, sucker for superior sentence structure, and adorer of alliteration.

Wednesdays: **EIGHT** Weeks: 11:15 am - 12:45 pm

April 17 – June 5



The Future of Health, Medicine, and Biotechnology: Part 3.......Sp32W

[NEW COURSE] We will continue to explore the future of our health and how the emerging technologies will shape how medicine will be practiced. We will cover topics like aging, reproduction, prevention of diseases, brain-machine interphases, progress in detection and treatment of cancer, and many other topics. Participation in previous parts of this course is not a prerequisite. Audio/Visual, Discussion, Lecture

Alex Marcus is a retired physician with training and experience in internal medicine, neurology, and psychiatry. He has been leading courses at Osher on a variety of topics for over 20 years.

Wednesdays: **EIGHT** Weeks: 1:30 – 3:00 pm

April 17 – June 5

Zoom Only OREC.

Seminar in Medical Ethics Sp33W

[NEW CONTENT] After defining morals and ethics, the principles of medical ethics will be presented. Case-based discussions will explore issues in patient-physician relations, reproductive medicine (including abortion and assisted reproduction), individual autonomy, justice, pregnancy, end-of-life matters, and cutting edge issues (including genetics, gene editing, xenotransplantation, cloning, and stem cell research). Enrollment Limit: 20 Discussion, Lecture

Victor Poleshuck is clinical professor emeritus of Obstetrics and Gynecology, University of Rochester School of Medicine and former chairs of the Ethics Committee and Ethics Consultation Service, Rochester General Hospital.

Wednesdays: **EIGHT** Weeks: 1:30 – 3:00 pm

April 17 – June 5

O In-Person Only

Staging Shaw's Heartbreak House Sp34W

[NEW COURSE] We will learn about George Bernard Shaw, his work, and how Heartbreak House fits into the whole. Ideally some 10 participants will volunteer to read the play aloud act by act and discuss it and its preface. We will look at all that has to be done to get the show on stage: casting, scenic design, lighting design, sound design, and the rehearsal process. Required Text: Heartbreak House (including the preface) by George Bernard Shaw; download this for free from https://www.gutenberg.org/ (that's the text the course leader will use). Optional Text: Bernard Shaw's Plays: Major Barbara, Heartbreak House, Saint Joan, Too True to Be Good (A Norton Critical Edition), ISBN 0393099423 Discussion, Lecture, Reading, Workshop

Roger Gans is a local actor and director recently seen in Tuesdays with Morrie at the JCC. His connections with Shaw go back to 1962. He will be directing a production of Heartbreak House at MuCCC this summer. Auditions will be in early April; contact me [gans@me.rochester.edu] if you are an actor and interested.

Wednesdays:

1:30 – 3:00 pm

EIGHT Weeks:

April 17 - June 5



Thursday

OLLI at RIT Spring 2024 Course Schedule

Intermediate Spanish 3Sp35Th

[NEW CONTENT] We will converse in Spanish using language and literature as the bases for our discussions. There is a short homework assignment each week. Required Text: Practice Makes Perfect: Spanish Reading and Comprehension by Myrna Bell Rochester and Deana Smalley, ISBN 9780071798884 and Album: Cuentos Del Mundo Hispanico by Joy-Renjilian-Burgy and Rebecca M. Valette, ISBN 9780618507184 Enrollment Limit: 15 Audio/Visual, Discussion, Lecture, Reading, Writing

Roz Rubin is a Spanish aficionada who loves to share and interact with other aficionados.

Thursdays: **EIGHT** Weeks: 9:30 – 11:00 am April 18 - June 6 Zoom Only OREC,

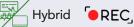


[NEW CONTENT] Each week we are inundated with local and national news articles involving the law. We will review recent cases as they appear in the news and learn how the case was brought as well as the reasoning behind the outcome. Members of the class will be encouraged to suggest newsworthy cases, and guest speakers will shed additional light on them. Discussion, Lecture

Mike Schnittman is a retired lawyer who has been an Osher member since he retired in 2011 and has led courses in law (Law 101) and literature (Roth, Hemingway, Salinger, and Orwell). Sue Stewart, also a retired lawyer, has been a member since 2018 and has previously co-led Law in the News.

Thursdays: **EIGHT** Weeks: 9:30 – 11:00 am

April 18 - June 6





You Be the Critic: A Film Discussion GroupSp37Th

Class members are expected to see at least one of three movies that have been selected in class each week, viewing them independently in local movie theaters and streaming on either Netflix or Prime Video. We rate each movie and then share our ratings (1-10) and viewpoints with the class. With a variety of opinions, lively discussion is guaranteed. Discussion

Sandra M. Vallot is a lifelong movie fan who enjoys the opportunity to see movies that she would not ordinarily see. She enjoys discussing them with members from a wide varity of backgrounds and expertise.

Thursdays:

9:30 - 11:00 am

FIVE Weeks:

April 18 – May 16



Pfaudler Lecture Series: Thursdays, 12:15 – 1:30 pm ET

Members don't need to register for these lectures. We will send a weekly email to all members with the Zoom meeting information for each lecture. Non-members may register via the links found on our calendar (https://www.rit.edu/osher/calendar).



Week One: April 18

From the Navy to the News: Finding Self Confidence through Chaos



Christian Garzone, Marketing/Communications at Veterans' Outreach Center and Former WROC TV Reporter In 2004 Christian Garzone left a small village to embark on an adventure of service. Bullied relentlessly as a child, with low self-esteem and a constant day dreamer, he took a



journey to find purpose and videotape the world. Finding himself—finding his voice—led him to shatter his silence. After 30-plus countries, it was time to come home. Everything he learned led him to the maze of local TV news—telling stories during some of the most challenging times in recent history.

Week Two: April 25 Ice on Fire: Can We Reverse Climate Change?



Staša Puškari, Environmental Science Professor, RIT Croatia Campus Staša Puškari is researching a way to stave off the escalating global warming crisis. As featured in the HBO documentary Ice on Fire, his team is working to leverage marine snow, a shower of organic material falling from upper waters to the deep ocean, in order to reduce carbon in the Earth's atmosphere. Marine snow acts as a biological pump effectively removing carbon from the living carbon cycle to nonliving, geological reservoirs.



Week Three: May 2 They All Can Learn: Dolce Method for Learning Mastery©



Sr. Diane Dolce, SSJ, Hope Hall Founder and Executive Director The Dolce Method for Learning Mastery® teaches the full New Hopel York State curriculum, as well as organizational and social skills, in a non-traditional way. It has been used successfully since 1977 to help students with ADD, ADHD, Central Auditory Processing Delays, mild anxiety disorder, or simply a low average IQ to become lifelong learners. The program strategies are designed to meet the needs of children who have experienced frustration and failure in a traditional classroom setting. Hope Hall has a 100% graduation rate, is the only school to offer this method of learning, and has received national recognition as one of 14 schools featured as part of a National

Week Four: May 9 Looking Back on 30 Years at WXXI



Norm Silverstein, President and CEO

After nearly 30 years, Norm Silverstein will be retiring this year (when his successor is appointed). Under his leadership WXXI has grown from operating one television and two radio stations to running four public television channels, one cable channel for the



City of Rochester, and six public radio stations. During his tenure WXXI has garnered more than 65 New York State Broadcasters Association Awards, 50 Telly Awards, 19 New York Emmy Awards, and 12 Edward R. Murrow Awards. Additionally the station has produced more than 30 documentaries that spotlight Rochester's history and culture. One

School Choice Week tour of the United States, highlighting effective educational options.

of his proudest accomplishments is WXXI's national Move to Include TM initiative, a partnership with the Golisano Foundation that uses the power of public media to promote inclusion.

Week Five: May 16

The Antiracist Curriculum Project: Empowering Students, Educators, and Communities



Shane Weigand, Teacher and Co-Leader of the Antiracist Project at PathStone Foundation The Antiracist Curriculum Project teaches the local history of structural racism and civil rights in our community and has been adopted by more than 15 school districts throughout Greater Rochester. Students learn about the inspiring ideas and actions of people such as Constance Mitchell and Dr. Walter Cooper while



also learning about the past policies that led to harm and the actions that can be taken today to bring about positive change. Ultimately the project works to cultivate more informed and engaged community members to build a more just and equitable society.

Week Six: May 23 From Crisis to Opportunity: American Rescue Plan Funds as a Catalyst for Recovery



Adam J. Bello, Monroe County Executive

Adam J. Bello was first elected Monroe County Executive in 2020 mere months before the COVID-19 pandemic changed the course of our community. Now, Monroe County, like communities across the country is engaged in recovery efforts supported by a once-in-ageneration allocation of \$144 million in American Rescue Plan Recovery Funds. Monroe County's recovery agenda under the banner Bring Monroe Back is making historic investments in public safety, public health and wellness, workforce and economic development, and infrastructure

improvements. Each of these four pillars of County government is being addressed through a lens of equity to ensure that all our residents have opportunities to succeed.

Week Seven: May 30 Antisemitism: Can It Be Stopped?



Meredith Dragon, CEO of the Jewish Federation of Greater Rochester During her time with the Federation, Meredith Dragon has worked on bringing donors, agencies, synagogues, and institutions together for the greater good of the Jewish community. Increasing awareness and support for the work of the Federation and its various departments and enhancing the role of Federation in the community motivates her professionally and personally.



Week Eight: June 6 The Future of Democracy



Robert Gerace, Naval Intelligence Officer, Retired

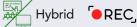
In his 27 years of service, Robert Gerace had assignments in Buffalo, Rochester, and, finally, Washington, D.C. all of which supported the Defense Intelligence Agency (the military counterpart to the Central Intelligence Agency). His last 10 years was as Acting Naval Attaché to the US Embassy in Lagos, Nigeria where he went aboard an active Soviet warship in what was an historic trial between the Soviet officers and US officers. The trial was successful and led to a Soviet ship visit to our Norfolk Naval Base, and a US ship visit to Sebastopol, Ukraine. This was a significant breakthrough during the administration of Mikhail Gorbachev. Mr. Gerace enjoyed a robust teaching career at RIT including a course on counterterrorism. He is a graduate of SUNY Buffalo, Brown University, and the US Naval War College.

Flickstory......Sp38Th

[NEW COURSE] We will view and discuss in class four movies that are examples of "bad corporate citizens": The Big Short, Dark Waters, Erin Brockovich, and Chinatown. Audio/Visual, Discussion, Lecture

Bob Schlosky, Mike Maxwell, and Gene Clifford are all experienced Osher course leaders who have previously led Flickstory.

Thursdays: 1:45 – 3:45 pm **EIGHT** Weeks: April 18 - June 6







[NEW COURSE] The New England region played an important role in the development of American culture. This course will cover the history of the New England region from the first European voyages of exploration to the events leading up to the American Revolution. Course Website: https://sites.google.com/view/colonialnewengland/home

Tom Lathrop is a retired software engineer with a lifelong interest in history. He has been an Osher member for 11 years and has led several history courses. Some of his ancestors were among the first settlers of New England.

1:45 – 3:15 pm Thursdays: **EIGHT** Weeks: April 18 - June 6



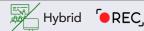
Sherlock Holmes Portrayals: From Baffled to "Ben"Sp40Th

[NEW COURSE] We will explore the various portrayals of Sherlock Holmes in movies and on television, from the 1900 silent film Baffled to Benedict Cumberbatch's modern interpretation. We also will read selected canonical "adventures," view their adaptation to film, and determine what these adaptations tell us about Sherlock Holmes.

Course Website: https://sites.google.com/view/sherlock-at-osher-at-rit/home Required Text: Any copy of The Complete Sherlock Holmes by Arthur Conan Doyle Audio/Visual, Discussion, Lecture, Reading

Bill Brown has been an Osher member for many years and has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a member and former leader of the local Sherlockian Scion Society – Rochester Row.

Thursdays: 1:45 – 3:45 pm **EIGHT** Weeks: April 18 - June 6





We are pleased to announce that we are partnering with other Osher Lifelong Learning Institutes (OLLIs) to provide our members more course offerings at no additional charge. Thanks to time zone differences we are now able to offer you late afternoon and evening classes!

> Sign up for these courses through our registration system, not through the partner OLLI sites.



Unravel the complexities of climate change in this class. Explore the latest scientific findings, learn how we can mitigate emissions, and discover what we need to prepare for as a result of a changing climate, both globally and locally. Gain a deeper understanding of the science, policies, and individual actions that shape our response to this environmental challenge, and how each of us can contribute to a sustainable future.

Cheri Chastain has over 17 years of experience in sustainability and climate leadership and an MA in environmental geography. Focusing on carbon neutrality and climate resilience, Cheri has successfully implemented programs in renewable energy generation, water conservation, alternative transportation adoption, and zero waste. She is a senior strategic advisor who previously served as the City of Chico Climate Action Commission Chair. She is a board member for the nonprofit bicycling advocacy organization Chico Velo. Ruby Triguero is a current CivicSpark Fellow working with the City of Chico's Planning Department on climate action and environmental justice development. Advancing the implementation of the City's Climate Action Plan, her fellowship is focused on working towards environmental justice planning, as required by SB 1000. Passionate about sustainability, equity, and the need for resiliency, Ruby graduated with a dual degree in anthropology and global studies from CSU Channel Islands. In her free time she enjoys camping, road trips, and finding new adventures under the sun.

Tuesdays:

1:00 – 2:30 pm ET

TWO Weeks:

April 23 & April 30

Zoom Only OREC.

Let's Keep Knitting......Sp42E

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Gale Ulvang, a life-long knitter, has made a hobby out of collecting odd bits of information and techniques she can use to improve her knitting projects. She promotes using internet resources to find patterns and expand skills and loves sharing that knowledge with others. She learned the Fibonacci sequence as a scheme for striping in hats and scarves and was inspired to learn more about how it can improve artistic composition.

Tuesdays:

6:00 - 7:30 pm ET

TEN Weeks:

April 23 - June 25





Taking and Editing Photos on Your iPhoneSp43E

This class will introduce learners to basic foundational skills in establishing a composition for a photo, using the rule of thirds, and considering the values in a photo. This content will be followed by an introduction to the many photo editing tools available on an iPhone and how to use them with the photos that you have taken. If you have taken this course previously, you are welcome to take it as a refresher. Note: This class is for iPhone users with an iPhone XS or higher. The iPhone should have the most current operating system and recent updates on it.

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

Tuesdays:

1:00 – 2:30 pm ET

TWO Weeks:

May 21 – May 28

April 23 – May 14





This course will introduce learners to the differences between watercolor pencils and ink pencils, basic techniques for applying these two types of pencils to watercolor paper and turning them into paintings, and how to then use these pencils in combination with watercolor paintings. If you have taken this class previously, you are welcome to take it again as a refresher or work on pieces you have in progress during class time. Materials List: a set of (12 or more) watercolor pencils recommended sets include: Faber Castell Albrecht Durer Watercolor Pencil Set, Derwent Watercolor Pencil Set, or General's Kimberly Watercolor Pencil Set; a set of (12 or more) Derwent Inktense Pencils; watercolor paper, hot press 140 lb. and/or cold press 140 lb (9" x 12" is a good size).

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently a national trustee for the National Art Education Foundation.

1:00 – 2:30 pm ET Tuesdays: **FOUR** Weeks:

Zoom Only GREC,



Drawing as a form of relaxation and meditation? Yes! Drawing accesses parts of your brain that are not so active in our twentyfirst-century life. This will give you a break from the constant input of modern life and instead put you into a relaxing, creative space. You will learn and practice several relaxing styles of abstract, non-representational drawing in which there is no wrong way to do it. No drawing experience or "talent" required. Stick-figure drawing level skill works.

A graduate of Chico State, **Susan Levine** has enjoyed teaching in several aspects of her life for many years. While working as a library clerk for elementary schools in Chico, she taught hundreds of kids to play cribbage. As a longtime adult volunteer in Girl Scouts, she helped train troop leaders to take their girls camping. She has been leading OLLI classes as a volunteer instructor since 2010. She is married to retired local CPA Bernie Levine.

Tuesdays: 4:00 – 5:30 pm ET **FOUR** Weeks: **April 23 – May 14** Zoom Only REC





Hail to the Celts.....

The Celtic fringe is composed of six nations: Brittany, Cornwall, Ireland, the Isle of Man, Scotland, and Wales. Through their ancient language and culture, they are the inheritors of nearly three thousand years of unbroken cultural tradition. Welsh author Emyr Humphreys said, "At any time since the eleventh century, it could have disappeared, but for the determination of one generation or another that it should not." This class will trace the history of the Celts and their culture.

Lynn H. Elliott is professor emeritus and former chair of English at Chico State. In addition to his prose and award-winning plays, he is a multiple award-winning national and international screenplay writer.

Wednesdays: 1:00 – 2:30 pm ET **NINE** Weeks: **April 24 – June 26** □zoom Only GREC,

This abbreviated look at the Australian continent's artistic history will consider its creative efforts since its colonization by the British in 1788. Topics include expeditionary artists, Australian Impressionism, women artists 1880-1960, Australian and Californian aesthetic connections, and what Robert Hughes called "the last great art movement of the 20th century": Aboriginal art. It isn't all beaches, didgeridoos, and shrimp on the barbie!

Erika Esau was born and raised in California, but lived and worked in Australia and Europe as well. She received a PhD in art history from Bryn Mawr College, Pennsylvania. She taught modern art history at Lawrence University in Wisconsin and at the Australian National University, Canberra, Australia. She also worked at the Los Angeles County Museum of Art as a librarian in the Rifkind Collection of German Expressionist Studies. She is the author of books and articles on Californian, Australian, and German art.

6:00 – 7:30 pm ET Thurdays: **FIVE** Weeks: May 30 - June 27 As WWII enters its fourth year, American airpower begins to achieve air supremacy over the Axis powers. Rapid technical advances and superior training overcome German secret weapons and Japanese suicide attacks. This class will describe the airplanes and personalities during this time period.

Gary Hendrickson's father was a pilot in WWII and operated an agricultural aviation business. Gary soloed a 1946 Aeronca at age 15, attended Sacramento City College and Cal Poly San Luis Obispo, majoring in aeronautical engineering and minoring in history. He flew jet fighters off and on aircraft carriers, then returned to civilian flying as a certificated flight and ground school instructor. He was a pilot in command of fire bombing aircraft for 35 years and operated an agricultural aviation business for 46 years. Hobbies include restoring antique airplanes, hunting, fishing, and a passion for history.

Thurdays: 1:00 - 2:30 pm ET **TEN** Weeks: March 25 - June 27 Zoom Only REC.



Introduction to Supply Chains for Consumers......Sp49E

Have you ever wondered what is behind the shortages consumers have been experiencing? Today's supply chains are quite complex and may extend internationally. This course will provide an overview of how successful supply chains work. Case studies will be used to illustrate supply chain management strategies and challenges. Emphasis will be given to preventing and recovering from disruptions and managing supply chains for sustainability. Links to optional readings and videos will be provided. Enrollment Limit: 7

Marge Cunningham retired in 2020 after a 35-year career teaching Operations Management at Xavier University in Cincinnati. She also served a term as Department Chair and another as Director of Xavier's Sedler Center for Experiential Learning. Her main areas of focus are lean principles, process improvement, supply chains, and experiential learning. She is an avid horsewoman and also enjoys crafts and outdoor activities with her grandchildren and traveling with her husband Dan.

Mondays: 2:00 – 4:00 pm ET **THREE** Weeks:

April 15 - April 29





Tips and Tricks for Planning Exciting Memorable Low-Cost Vacations....... Sp50E

Need to get away and can't get excited or even decide where to go, where to stay, and stressed about the cost of it all? Need tips and tricks and low-cost ideas? Join Steve in this informative, fun-filled course. We'll discuss how to find the best deals in travel by car, train, cruise, and plane. We'll find the best accommodations in Airbnbs and hotels, the best travel apps and websites, how to pack, and much more. Bring your own tips to share. As time permits we'll help you plan your next trip. **Enrollment Limit: 7**

Steve Shama is a professional speaker and storyteller who has given scores of presentations and workshops over the last 25 years throughout the USA, Canada, and Israel. His topics and his welcoming and engaging presence help his audiences learn to better communicate and connect, even in challenging times. His degrees are from Columbia College (AB), Temple University (MD), and Harvard School of Public Health (MPH).

9:00 – 11:00 am ET Mondays: **THREE** Weeks: April 8 – April 22

Zoom Only • REC.



The Hour That Changed Ben Franklin Forever......Sp51E

When he awoke the morning of Saturday, January 29, 1774, Benjamin Franklin was a dedicated royalist, a man of King and country. When he went to bed that evening, Franklin was a confirmed revolutionary. What happened? In this course, members will explore the extraordinary hour that transformed Ben Franklin into one of the leaders of the American Revolution.

Enrollment Limit: 7

Jim Bays is a retired corporate attorney who has taught Osher courses at Dartmouth and in Texas on U.S. history in the late 18th century, including courses on Thomas Jefferson, Ben Franklin, the transition from the Articles of Confederation to the U.S. Constitution, and the Electoral College. He is a 1971 graduate of Dartmouth College and received his law degree from the University of Virginia Law School in 1974.

Wednesdays: 11:30 am – 1:30 pm ET TWO Weeks: April 17 & April 24

200m Only REC.





Active French – Beginner Français

Calling all beginners! Learn French the fun and easy way! Springtime is for beginnings, and is the perfect time to try something new, like speaking a foreign language—français! It's also the perfect opportunity to renew your skills if you've lost the habit of speaking in French. All skill levels welcome! Enrollment Limit: 7

Gloria Finkelstein grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of "French Club with Madame G," an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley French-themed workshops, events, and trips via Zoom/in person.

3:00 - 5:00 pm ETThursdays: **THREE** Weeks: **April 25 – May 9**

Zoom Only OREC.

Food Glorious Food! Sp53E

Food is more than survival. The sharing of food has always been part of the human story. With it we make friends, court lovers, and count our blessings. Everyone loves a celebration! And there's no celebration without glorious food. Regardless of their culture or religion, people love to eat when they are celebrating. Food enhances the experience, promotes interactions between people, and provides a platform for bonding. To break bread together captures the power of a meal to forge relationships. Enrollment Limit: 7

Chef Larry P. Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer of culinary topics. Chef Larry has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, education, and 'food-tainment' into every class and event.

2:00 - 4:00 pm ETThursdays: TWO Weeks: April 25 & May 2

Zoom Only OREC.

Are you ready to join the new wave of community news journalists? Hundreds of news outlets are now open to freelancers and volunteers to help them cover the news. If you can write and shoot photos and video with a smartphone, you may have what it takes to cover the news at the local level. This course teaches the basics of news reporting and writing for mass media at the local level. Your goal will be to get at least one piece published in your community by the end of this course.

Enrollment Limit: 7

Rick Thames is an award-winning journalist and former executive editor who led the newsrooms of two major newspapers. Thames has also taught journalism at the university level. He has designed this course to help revive the coverage of news in communities quickly becoming "news deserts" across America.

Thursdays: 10:00 am - 12:00 pm ET **EIGHT** Weeks:

April 11 – May 30

Zoom Only • REC.



This course is for anybody who may be curious about how the development of genetic technologies is expanding our understanding of the origins of humankind, revolutionizing healthcare—this past year saw the first approval of human genome editing for therapeutic benefit and new treatments for Alzheimer's disease—and more. We will also dip a toe into the world of Artificial Intelligence and learn of its use in medicine. **Enrollment Limit: 7**

lain Sim has a PhD degree in Microbiology and 30+ years of R&D experience in the pharmaceutical and biotech industry. He has been leading Osher courses since 2012, interspersing studies on notable historical figures—Margaret Thatcher, Robert Oppenheimer, John Maynard Keynes—with science courses on the human genome and advances in genetic technology.

Thursdays: **FOUR** Weeks: 4:30 – 6:30 pm ET **April 11 – May 2**

Zoom Only • REC.

Using a helpful textbook and specially curated YouTube videos, Mr. Kaplan teaches Spanish in a fun, interactive and very effective way. This class will focus on the present, past, future, conditional and other tenses, and commands. No homework or tests. Just sit back and listen as we do grammar exercises, watch Spanish language videos and speak in Spanish to each other. It's an easy way to learn how to speak the second most spoken language in America.

Required Texts: Basic Spanish Step-By-Step - Barbara Bregstein (ISBN-13: 978-0071463386); Advanced Spanish Step-by-Step - Barbara Bregstein (ISBN-13: 978-0071768733) Enrollment Limit: 7

Following a distinguished career in nursing home and dementia care, **Morris Kaplan**, also an attorney, spends his retirement providing pro bono legal representation to victims of domestic abuse. He also teaches Spanish by Zoom to OLLI programs at Stony Brook University, Emory University, Duke University, George Mason University, and Johns Hopkins University. Mr. Kaplan is fluent in Spanish and nearly fluent in Korean.

Thursdays:

2:00 – 4:00 pm ET

EIGHT Weeks:

April 25 – June 13

ZOOM Only OREC

Soup is good food! We'll discover why and make bowlfuls of our international favorites from Albondigas to Zuppa Toscana, and from comfort food to haute cuisine. Learn what distinguishes a broth from a stock and a consommé from a bisque and discover tips, tricks, and legends of soups from around the world. Enrollment Limit: 7

Chef Larry P. Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer of culinary topics. Chef Larry has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, education, and 'food-tainment' into every class and event.

Thursdays:

3:00 - 5:00 pm ET

TWO Weeks: April 11 & April 18 Zoom Only •REC.



The course charts the growth of the textile industry in Manchester, NH, from a single, wooden, cotton mill on the west bank of the Merrimack River at Amoskeag Falls to the magnificent red brick canyons of the mile-long Millyard on the east bank below the falls. The course also addresses the collapse of the Amoskeag Mfg. Co., how Manchester adapted to that near catastrophe, and how the historic Millyard changed as a result of 1960s zeal for urban renewal and the vision of modern entrepreneurs. The course will combine lectures with class discussion. Enrollment Limit: 7

Martin Jeffries, a polar scientist, first crossed the Arctic Circle in July 1980 in Norway, and lived for 21 years in sub-Arctic Fairbanks in central Alaska. Not content with merely living in that cold region, he pursued freshwater ice, sea ice, iceberg and ice shelf research in the Arctic and Antarctica. Later he was a federal government Arctic subject matter expert in Washington, D.C. After two years with the Cold Regions Research and Engineering Laboratory in Hanover, NH, he retired and now enjoys life in the Upper Valley.

3:30 – 5:30 pm ET Thursdays: **SIX** Weeks: May 9 – June 13





In an economic landscape where continuous turbulence and unpredictability seem to be the new norm, people are consistently seeking avenues to attract attention and resources while remaining valuable irrespective of the conditions or challenges they face. In this class, we will apply the major principles through various exercises including crossword puzzles, BINGO, Monopoly, Jeopardy, Wheel of Fortune, and UNO. Optional Texts: Microeconomics, 8th edition - Jeffrey M. Perloff (ISBN-13: 978-0134519531); Principles of Microeconomics - Jade Murphy (ISBN-13: 978-1632408952) Enrollment Limit: 7

Dr. Eli Joseph is an instructor, author, and professional speaker. He serves as a faculty instructor at Columbia University, New York University, and UCLA and is the author of The Perfect Rejection Resume: A Reader's Guide to Building a Career Through Failure. Dr. Joseph is renowned for his work in the fields of DEI, behavioral finance, data analytics, statistics, and quantitative finance. Eli Joseph serves as a member of the World Economic Forum Expert Network, TED, and the Recording Academy.

Fridays: 11:00 am – 1:00 pm ET **SEVEN** Weeks: April 19 - May 31





Bread and Soil in Ancient Rome: Environmental Challenge and Cultural Response...... Sp60E

Environmental and agricultural histories of ancient Rome chronicle soil and food challenges affecting cultural change. We'll explore how a resilient ecosystem influenced Rome's transition from a republic to an empire and examine its relevance to modern concerns about the environment and sustainability. Enrollment Limit: 7

Bruce James received a BA in chemistry and environmental studies from Williams, followed by MS and PhD degrees in soil science from UVM. During these studies, he developed a keen interest in interdisciplinary learning related to the course topic that he used in his teaching at the University of Maryland, College Park, for 29 years. Now retired, he continues to thrive on new learning and ideas related to sustainability, environmental science, soils, environmental history, and agriculture.

9:30 - 11:30 am ET Fridays: **SIX** Weeks: **April 12 – May 17**

Zoom Only • REC.



A Peculiar People: The Enfield, NH Shakers......Sp61E

We will explore Shaker history through the experiences, accomplishments, and struggles of the Enfield, New Hampshire Shakers (1793-1923). We will look closely at their contributions to the development of the region, and at those aspects of their legacy that continue to inform and challenge us as individuals, and as members of various "communities." The course is offered in conjunction with the Enfield Shaker Museum and will include a site visit there. There is no entrance fee for the Museum for that visit. The course will combine lecture and class discussion. Enrollment Limit: 7

Mary Ann Haagen is a Shaker scholar, musician, and retired music teacher. Her research focuses on the N.H. Shaker communities. She lectures widely on Shaker history, music, and dance and has recorded three CDs with a vocal ensemble she directed. The group's DVD, We Find No Harm in Dancing, documents their work with Shaker dance. Her articles on Shaker history appear regularly in Shaker Museum publications. The Collected Writings of Elder Henry Cumings, edited by her, was suggested reading for her course.

Mondays: 12:30 – 2:30 pm ET **SEVEN** Weeks: April 8 – May 20

Zoom Only • REC.



Brain and Behavior: How Do We Process the World Around Us?...... Sp62E

What do we know about how the brain supports behaviors such as our ability to speak, or to remember, or to learn? How is each of our individual brains different? The scope of the course is to be a space to discuss the findings of modern neuroscience and psychology and to help students understand how their brains support their unique abilities!

Enrollment Limit: 7

Clara Sava-Segal is a PhD student at Dartmouth College and has worked at the intersection of neuroscience and psychology research for the last seven years. One of the questions that her research explores is how and why we reach variable interpretations (or memories!) of the same experiences.

Tuesdays: 5:00 – 7:00 pm ET **FIVE** Weeks: May 7 - June 4



Frost in Summer – A Few Months Early......Sp63E

This course will examine a variety of Robert Frost's poems that are set in summer. We'll be looking at them as summer approaches. They will include some of his most well-known poems and some that deserve to be better known. Each class will examine a handful of poems; classes will be largely discussion. In preparation for class, participants should read each poem with care and repeatedly, heavily annotate their copy of the poem (or a photocopy of it), and bring to class questions or topics they want to discuss. Reading a biography of Frost is strongly encouraged; Jay Parini's Robert Frost, A Life is recommended.

Enrollment Limit: 7

A graduate of Dartmouth, the University of Virginia (MA English), and Georgetown University Law Center, Peter Gilbert was Executive Director of the Vermont Humanities Council for 16 years. He is a former English teacher at Phillips Academy in Andover, MA, litigator at Hale and Dorr in Boston, Senior Assistant to Dartmouth President James O. Freedman and Associate Provost, and frequent commentator on VPR.

Tuesdays: 10:30 am – 12:30 pm ET

FIVE Weeks: April 9 – May 7 Zoom Only • REC,





Learn what your genalogical DNA test results can tell you in your search to solve family history problems. Using DNA results effectively can open up a new line of previously unknown relatives and common ancestors while enriching your family tree. Several case studies using unique techniques will be presented including the identification of a senior adoptee's biological family. This is not an introductory course. Some experience with DNA test results is definitely a plus. Bring your own results to explore during the session. Enrollment Limit: 7

Lana Leggett-Kealey is a professional genealogist who has worked with DNA in genealogy. She helps clients make sense of their DNA testing results and determine how to apply its features to family relationships. She is a member of the National Genealogical Society and the Assoc. of Professional Genealogists. She has a PLCGS from University of Toronto and a certificate from Boston University in Genealogical Studies. She is a graduate of Progen and a member of the NGSQ study group. Lana holds a PhD in chemistry from Arizona State University.

Wednesdays:

12:30 – 2:30 pm ET

FOUR Weeks:

May 15 – June 5



Present at This CreationSp65E

Headlines speak to a new world order that will now replace the existing U.S. led world order that was created in 1945 after the Second World War. Then Sec. of State, Dean Acheson, described how that order was formed in his autobiography, Present at the Creation. This Osher class will discuss the world in 2024 vs. that in 1945, and try to hammer out a blueprint for the new order. In a sense we will all be "Present at this Creation." Enrollment Limit: 7

Sarwar Kashmeri is an international relations specialist, author, and commentator, noted for his expertise on U.S. global strategy and national security. He is the host of Polaris-Live, featuring 30-minute live conversations on the business and geopolitical impact of China's rapid rise to superpower status. China's Grand Strategy: Weaving a New Silk Road to Global Primacy, his third book, was published in July 2019. Kashmeri is the author of 2021 report "The Telegram: A China Agenda for President Biden," for the Foreign Policy Association. (No cost download at www.kashmeri.com.)

Wednesdays:

11:00 am - 1:00 pm ET

EIGHT Weeks: April 10 - May 29





Painting outside from observation is so direct! Yes, there are many techniques and generalizations you can learn, but it can also be as simple as going outside, finding something that interests you, and painting what you see. In this class you will learn the essentials of value, color and composition with an approach that is grounded in intuition, spontaneity and direct observation rather than reliance on set rules and techniques. Open to all levels of experience. Enrollment Limit: 7

David Gordon received a BFA from the School of the Museum of Fine Arts in Boston. He explored many types of painting before plein air (painting outdoors) became his main focus. He creates one-session paintings as well as larger pieces painted solely outdoors in many sessions over the course of several weeks or a month or more. His process is grounded in intuition, spontaneity, and direct observation rather than reliance on set rules and techniques.

Thursdays:

11:30 am – 1:30 pm ET

FOUR Weeks: May 9 – May 30







New Nuclear is Hot

Literally red hot! Cheaper than coal. Lets developing nations grow. Brings energy security. Cuts rapacious minerals mining. Zeros electric power CO2. SEAFUEL Net-zero gasoline for your car. Climate-neutral diesel for industry. Guilt-free jet flights. Uses existing combustion engines. Zeros transportation CO2. Enrollment Limit: 7

Robert Hargraves is a Brown physics PhD and honors AB in mathematics from Dartmouth, where he taught mathematics and initiated computer science. He founded a software company, was a VP at Met Life, an IT consultant at AD Little, then VP of medical device firm Boston Scientific. He has written articles for the Wall Street Journal and is the author of THORIUM: Energy Cheaper Than Coal and Electrifying Our World, and cofounder of the fission energy company ThorCon.

9:30 - 11:30 am ET Fridays: **FIVE** Weeks: April 26 - May 24

Zoom Only • REC.





THREE Weeks:

FOUR Weeks:

OLLI Course Exchange



May 14 - May 28

May 28 - June 18

Will AI continue on its exponential growth trajectory, or will there be a slowdown? Has AGI already been achieved and if not, is it distant or imminent? This three-session SG chronicles the ongoing saga of AI as it pulls us all into the future.

Elena Berman has a PhD in Linguistics and has been interested in artificial intelligence since she was a graduate student. She's broadly familiar with the topic and has been closely following recent developments in machine learning and communication.

Tuesdays: 2:00 - 3:45 pm ET □zoom Only •REC.



In his legendary career as a director, Alfred Hitchcock created dense, suspenseful films filled with flawed heroes, charming villains, and moral ambiguity. In this four-week online course, we'll consider some of Hitchcock's very best films, focusing on two films each week that share a common theme. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key elements. Whether you've enjoyed Hitchcock films for many years or you're just discovering them, this is a chance to go deeper into the mind of a brilliant, complicated man and the surprising, confounding, entertaining world he created on film.

Jay Sherwin is a writer and consultant who has been watching, studying, and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he loves to share his Hitchcock obsession with fellow film lovers everywhere.

Tuesdays: 2:00 – 3:45 pm ET 



Gentle Energizing Movement, Relaxation and Meditation Sp70E

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Tuesdays:

12:00 – 1:45 pm ET

ZOOM Only OREC,

FIVE Weeks:

May 14 - June 18 (no class May 21)

Chen Village Tai ChiSp71E

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind. Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Thursdays:

12:00 – 1:45 pm ET

ZOOM Only OREC,

FOUR Weeks:

May 23 – June 20 (no class May 30)

Directions for Auditing RIT Undergraduate Courses

As a Full-Year Osher member, you can audit eligible* RIT undergraduate courses. Here's how to do it:

- 1. If you don't already have an RIT University ID card and number (UID), instructions for requesting one are on the Osher Resources webpage (https://www.rit.edu/osher/resources). After you submit the UID request form, an Osher staff member will be notified by an automatically generated email and will approve the request. You will be notified via email when it's approved and can then get your student ID card on campus in Eastman Hall (Bldg. #1), between 9 am and 4 pm, Monday through Friday. Enter the main RIT entrance on Jefferson Rd., drive to the traffic circle and continue straight to the Information Booth for a parking pass and directions to the building (see map to Eastman Hall on the Osher Resources webpage).
- 2. Search the RIT online course catalog (https://tigercenter.rit.edu/tigerCenterApp/api/class-search) for eligible* undergraduate courses you're interested in. There is not a printed RIT course catalog.
 - **a.** Make sure to choose the correct semester in the "Select a term box".
 - **b.** Type in a search term, e.g., Italian.
 - c. Click on "Advanced Search" and choose "**RIT Main**" as the campus (we have campuses in several countries, and those courses are not eligible to audit).
 - **d.** Click "Save Options".
 - e. Click the orange "Search" button.
 - **f.** Peruse the list of courses, and click on a course to view its details.
 - g. In the Enrollment Information section, check if there are any **Pre-Reqs** (pre-requisites) listed. If so you will need to contact the instructor and ask for permission to audit the course as an Osher member. The instructor's email can be found by clicking on their name in the Class Details section.
- **3.** Complete the **auditing form** on the Osher Resources webpage. You can apply to audit a maximum of two courses per semester until the end of the Add/Drop period. View the RIT academic calendar for Add/Drop dates: https://www.rit.edu/calendar.
- **4.** Take a photo of, or scan, the form and email it to Osher staff at osher@rit.edu. Or bring the hard copy to an Osher staff member. If requesting a course with pre-requisites, forward the email approval from the instructor to Osher staff also.
- 5. Osher staff will submit your auditing form to the Registrar's Office no earlier than **one week before the RIT semester begins**. View the RIT academic calendar for semester start/end dates: https://www.rit.edu/calendar Within that week you will receive an email from the Registrar that will say whether the auditing request has been approved.
- **6.** In the meantime, the Osher Program Director will sponsor you for an **RIT Computer Account** (if you don't already have one). **Your user name will be your first initial+last name+olli**, e.g., rsmitholli so when you receive an email from the RIT Service Center with instructions on setting your Computer Account password at https://start.rit.edu, you will use the above naming convention for your user name.
- 7. Once your Computer Account is activated, a **MyCourses account** will also be activated. This platform is what RIT instructors use to share course information and syllabi and communicate with the class participants. When you go to the MyCourses login page (https://mycourses.rit.edu/), click the orange "RIT Account Login" button and then enter your RIT Computer Account user name and password to view your class information.
- **8.** RIT requires **multi-factor authentication** for most logins to its systems, so in order to access MyCourses, you will have to enroll in the university's multi-factor authentication (https://www.rit.edu/its/mfa/enroll).

^{*}NTID courses and courses that are full, have a waitlist, and/or have associated labs/studios are not eligible for auditing. Courses with pre-requisites require pre-approval from the instructor. Courses with interpreters vary per semester.

The Summer Seminar Committee is excited to announce its 2024 program consisting of three trips and their accompanying free, hybrid lectures!



Trip #1: June 20

Auburn, NY: Harriet Tubman Home, Seward House, Willard Memorial Chapel

Trip #2: July 18

Jamestown, NY: The National Comedy Center and the Luci-Desi Museum

For the first time Osher members can enjoy a trip to Chautauqua County in the southwest corner of the state. We will have two entertaining stops: The National Comedy Center and the Luci-Desi Museum. While we are in her hometown, we will make a quick stop to see her statue in a local park. On the way home we will travel to East Aurora and have dinner at the Roycroft Inn. • • • • • • • \$150

Trip #3: August 8

The Shaw Festival (My Fair Lady) in Niagara-on-the-Lake, Ontario, Canada

It is an annual tradition for Osher members to visit this small but picturesque town just over the border. The main event for this trip is a matinee production of *My Fair Lady* at the Shaw Festival. During the morning and early afternoon, our travelers will have time to explore the village, shop, and have lunch on their own. After the musical the bus will take us a short distance to the Queenston Heights Restaurant overlooking the Niagara Escarpment for dinner. • • • • • • • • • • \$175

Registration opens April 3

Visit

https://www.rit.edu/osher/2024-summer-seminar-and-trip-series

for detailed itineraries, registration instructions, and more!

Membership Purchase

Please fill in the information below and send to Osher Lifelong Learning Institute at RIT, 50 Fairwood Dr., Suite 100, Rochester, NY 14623

Meml	bership Type: 🗆	Full-Year (\$360)	Single-Term (\$1	60) 🗌 Co	nvert Single-Term to	Full (\$200)	Supporting (\$170)
Name:	last	first	preferred (n	ickname)	phone number		email
street				city		state	zip
Your licen	se plate number(s)	In case of an e	emergency or illn	i ess call n	ame/relationship	pho	ne number
physician						pho	ne number
I agree to signature:	abide by the policies	and procedures	s of the Osher Life	elong Learn	ing Institute at RIT	-	date
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Payment	for Membership	or Renewal					
☐ Pay by	credit card (circle or	ne) MasterCard	VISA	☐ Pay b	y check: (payable [.]	to Osher at I	RIT)
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We'd like to know more about you. Please complete the Member Profile on the other side.

How Did You Hear about Us?

Radio	Advertisement	☐ Word of	Mouth					
☐ Mailing	☐ Google or Other Se	earch 🗌 Other:						
☐ Social Media	☐ Article or Blog Post							
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Member Profile We sake each manufacture are side us with information shout him the male. This information is bout strictly private and is used.								
We ask each member to provide us with information about him/herself. This information is kept strictly private and is used to help us meet your membership expectations (social events, special-interest groups, and committees). Please take a few minutes to provide us with this information.								
Please indicate your life expe		apply)						
Administration	☐ Homemaking [Military	☐ Volum	teer Work				
Business	☐ Journalism ☐	Ministry	☐ AED/	CPR Trained				
☐ Education	Law	Self-Employed	☐ Other	•				
☐ Engineering	☐ Marketing	Science/Mathen	natics					
☐ Health Services/Social Work	☐ Medicine	Technology						
Helping out at Osher Because v needed. Please check all areas in wh	we are member-led, we re iich you would consider v	ely on active partici olunteering.	pation to run the	organization. Service is greatly				
Arts & Lectures	☐ Curriculum Planning	☐ Market Res	earch/Survey	☐ Pfaudler Lecture Series				
Classroom A/V Support	Finance	☐ Member Re	elations	Social				
(Wizards)	☐ Fundraising	☐ New Memb	oer Recruitment	☐ Summer Seminar/Trip Series				
Course Leader	☐ Marketing	☐ Osher New	sletter	☐ Technology/Computers				
Please indicate course areas t	hat are of interest to	you. (Check all t	:hat apply)					
☐ Art ☐ Finar	nce Math/So	cience S	ocial Sciences					
☐ Computers ☐ Geog	graphy 🗌 Music	□ S	ports					
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Do you have any ideas for coindicate whether you would like to	urses you would like oursue this with a membe	to lead or like ter of the Course O	to see led? Ple fferings Committ	ase describe the course(s) and ee.				
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Important to Note

Copyright Information – TEACH Act

The TEACH Act allows accredited, non-profit, educational institutions, such as RIT, greater access and educational use of copyrighted works, and extends fair use to online and distance learning education when certain requirements have been met by the institution.

- **A. TEACH Act**. Members of the RIT community may take advantage of the TEACH Act provisions to use copyrighted works in online and distance learning courses. The TEACH Act provisions would allow a non-profit educational institution, such as RIT, to use copyrighted works, without the express permission of the creator and without the payment of royalties and/or licensing fees, when all of the following are met:
 - 1. Copyrighted Works must be part of an online or distance learning course and not for entertainment, recreation, or cultural value. The faculty member must be able to show how the use of the copyrighted work contributes to the overall course study and syllabus. The course does not have to be a credit course, but must be one recognized by RIT and for which members of the RIT community must register.
 - 2. The use of the copyrighted work is limited to members of the RIT community that are enrolled in the online or distance learning course.
 - 3. Access to the Copyrighted Work is limited, either by password or other protection device, to members of the RIT Community that are enrolled in the online or Distance learning course.
 - 4. The faculty member must provide to the members of the RIT community that are enrolled in the online or distance learning course written notice of this RIT Copyright Policy and that some of the course materials may be protected by copyright law. A statement in the syllabus for the specific online or distance learning course shall be sufficient to meet this notice requirement.

Registration Information

Please make payments and/or register online for your courses using your Osher account at http://reg138.imperisoft.com/Osher/Login/Registration.aspx If you don't know your Osher account user name or password, please go to the Login Help webpage at http://reg138.imperisoft.com/Osher/LoginHelp/Registration.aspx and enter your email address to receive instructions on resetting your user name and password. Please allow up to 20 minutes for this email message to reach your inbox. If you would prefer to have a staff member make your credit card payment and/or register you, please email us at osher@rit.edu

Some courses require the purchase of books or materials.

Osher Lifelong Learning Institute at RIT reserves the right to cancel courses because of low registration, last-minute unavailability of course leaders, or other unavoidable circumstances. Members will be notified immediately of such cancellations so that they may select alternative course(s).

Refund Policy

In the case of the death or incapacitation of a Full-Year member, a pro rata portion of their annual membership fee is eligible to be refunded. The membership fee is otherwise generally nonrefundable. The Program Director, in consultation with the Chair of Council, may consider a refund request for other individual circumstances. For administrative purposes, all refund requests must be made in writing.

Masking

Masking is currently **optional** in the Osher building.