Mask Use and Care

Wear Your Mask Correctly

Do:
- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Wear a mask when you are out of your residence

Don’t:
- Don’t put the mask around your neck or on your forehead

Take Off Your Mask Carefully

- Handle only by the ear loops or ties
- Fold outside corners together
- The folded mask can be stored between uses in a clean, sealable paper bag or breathable container
- Wash hands immediately after removing
- Hand wash or place in the washing machine at the end of the day

Source: Centers for Disease Control and Prevention