

Instructor-led Academic Coaching

Academic Success Center

fee-based

Instructor-led Academic Coaching is fee-based and intended for first and second year students transitioning to college academics. An orientation meeting will be provided in the first week of the semester and beginning in week 2 of the semester, students will meet with their assigned Instructor in a one-on-one setting. Within a curriculum of study skills topics, students are introduced to study skills and time management tools. In addition, students are introduced to and encouraged to utilize additional campus resources to complement their academic career. Students beyond second year status are encouraged to use *Peer Academic Coaching* or to enroll in one of the *ASC Success Courses* to work towards their continued use of study skills.

Study Skills Curriculum Topics

Academic Organization

Students will explore how to organize their classes, course work, and deadlines.

Consolidation

Students will explore weekly consolidation techniques and strategies of course material such as class notes, text markings, and other sources of course materials.

Effective Test Prep, Taking, and Analysis

Academic organization, time management, and the process of studying are critical to effective test preparation and review.

Study Process

The process of studying includes giving time and attention to course work. The process of studying should start at the beginning of each semester.

Fee

\$870 per semester
(13 meetings plus Orientation)

Text Marking

Active reading and text marking includes previewing before and reviewing after class.

Note-taking

Note-taking is a foundational part of the study process. Students will explore techniques and strategies that will allow for useful notes from class to class and week to week.

Time Management

The ASC offers tools to assist in managing priorities, homework, studying, and extra-curricular activities.

Goal Setting

Goal setting is the starting point of a successful semester.

Contact and Information

coachingasc@rit.edu

asc.rit.edu

FAQs

How can a student enroll in Instructor-led Academic Coaching?

Students will need to complete a two-step process.

Step 1: Submit an **enrollment interest survey** in CampusGroups. After submission, the student will receive an email prompt to their RIT email account, to complete the enrollment survey.

Step 2: Complete the **enrollment survey**. After completing step 2, students will receive an automated confirmation email. If no confirmation email is received, the enrollment was not successful. Students should contact coachingasc@rit.edu. Shortly before semester begin, enrolled students will receive a “Welcome” e-mail which will include an enrollment summary, the name of the instructor and “next steps”.

Please note that **both** surveys will need to be submitted for enrollment to be complete. Space is limited. Interested students are encouraged to enroll as early as possible. Please check the website for enrollment dates.

Is it possible for a student to enroll in more than one weekly meeting?

No. Instructor-led Academic Coaching is only available for one weekly meeting. Students will receive recommendations for and are encouraged to use additional campus resources.

How are Instructor-led Academic Coaching fees billed?

During the second week of the semester, fees will be sent to Student Financial Services and added to the student’s financial account. The fee will appear on the following invoice. Please note that fees are non-refundable when a student is a NO SHOW for meetings. In case of a voluntary or involuntary withdrawal from RIT, a refund may be made in accordance with the University Refund Policies.

What if a student changes their mind and decides not to participate in Instructor-led Academic Coaching after enrollment?

Students can notify the ASC at coachingasc@rit.edu before the drop/add period is over, stating that a withdrawal is requested. After the drop/add period is over, **NO REFUND** will be issued and billing information will be sent to Student Financial Services.

What are the reasons for why upper-class students (third, fourth, or fifth year) cannot participate in Instructor-led Academic Coaching?

Instructor-led Academic Coaching is designed for first and second year students who are transitioning from high school

to college-level academics. The ASC offers a number of alternate resources that may be of benefit to upper-class students such as *ASC Success Courses*, *Peer Academic Coaching*, and *Tutoring*. Visit asc.rit.edu for more information.

Can a student who is on the Autism Spectrum/has ADHD/has a diagnosis for learning disabilities and/or is registered with the Disability Services Office participate in Instructor-led Academic Coaching?

Services offered by the Academic Success Center are available to all students, however, the ASC does not provide specialized programs or services for any particular student population. Instructor-led Academic Coaching is instructional in nature. Instructors do not monitor/manage students’ grades or assignments. Please visit RIT’s *Spectrum Support Program*, *Disability Services Office**, or *Case Management* to learn of additional support and resources.

** Please note that Instructor-led Academic Coaching is not comparable to “executive functioning coaching” and is independent from the Disability Services Office and related accommodations.*

Can NTID supported students enroll and participate in Instructor-led Academic Coaching?

NTID pre-baccalaureate (AS); A+B and AAS degree-seeking students are asked to first discuss their needs with their NTID Counselor/Academic Advisor to make sure they are aware of all services that are provided by NTID. RIT baccalaureate and NTID supported degree-seeking students, who are first and second year, can follow the normal enrollment procedure. If applicable, it is the student’s responsibility to make arrangements for *NTID Access Services*.

What can students participating in Instructor-led Academic Coaching expect in terms of succeeding academically?

Achieving a positive academic outcome varies from student to student and is contingent on several factors. Attending classes regularly, completing and submitting assignments on time, regularly studying the course content, and using campus resources on a regular basis, are the cornerstone of achieving a positive academic outcome. Instructor-led Academic Coaching focuses on introducing students to and providing recommendations regarding academic organization, time management, and study skills. It is the student who is ultimately responsible for doing the work and following the recommendations provided. Instructors do not monitor students’ academic work or grades. *Participation does not guarantee that a student will complete the semester academically successful.*

FAQs

What can be expected in terms of information-sharing about a student enrolled in Instructor-led Academic Coaching to third parties?

ASC instructional staff associated with Instructor-led Academic Coaching, may initiate and/or respond to/from RIT faculty or staff who have an educational interest in the student's academic success. Students are encouraged to communicate directly with their parents/guardians about their participation in Instructor-led Academic Coaching as, due to FERPA regulations, ASC instructional staff are not in the position to communicate with parents/families about a student's participation or lack thereof.

What happens at the end of the semester?

At the end of the semester, students will receive a Semester Summary that captures topics and study skills topics that were discussed and recommended, including re-enrollment information for students who have not yet reached third-year status.

Instructor-led Academic Coaching and Peer Academic Coaching appear very similar in nature. Why is instructor-led Academic Coaching fee-based?

While there are similarities, Instructor-led Academic Coaching provides regular scheduled weekly instructional meetings (13) throughout the semester with an ASC instructor. Meetings may be scheduled Monday-Friday, between 8:30 am - 4:00 pm. Instructor-led Academic Coaching focuses on curriculum-based study skills topics such as academic organization, time management, the study process as well as goal setting and self-advocacy. In comparison, Peer Academic Coaching is provided by upper-class students (Peer Mentors). Appointments range from 1-3 meetings.