

- **Focus is to engage with the material**
- **Ask yourself what you can do to practice course material and summarize in your own words**

Suggestions and Examples

- ☐ Check myCourses
- ☐ Organize
- ☐ Go to class
- ☐ Do homework
- ☐ Use to do lists
- ☐ Use office hours
- ☐ Use study centers
- ☐ Meet with study group
- ☐ Reset for the week ahead
- ☐ Use campus resources (i.e. tutoring centers, Office hours, academic coaching)
- ☐ Setting Weekly Schedule and Weekly To-Do list
- ☐ Meet up with a tutor in the ASC Study Centers (and/or connect with a tutor, academic coach, or even a professor)

At least once a week, consolidate material and create study aids/guides/tools like:

- ☐ Create a cheat sheet for the week's material
- ☐ Create concept sheets for each concept from the week
- ☐ Flash cards
- ☐ Master Outlines
- ☐ Practice and rework old homework assignments
- ☐ Create a study guide by topic/chapter
- ☐ Consolidation and summarization techniques
- ☐ Create Flash Cards
- ☐ Self-test
- ☐ Draw a picture
- ☐ Write a song...
- ☐ Mind maps
- ☐ Create a practice test
- ☐ Create a problem set
- ☐ Complete an analysis of a returned exam