Computer Power Management
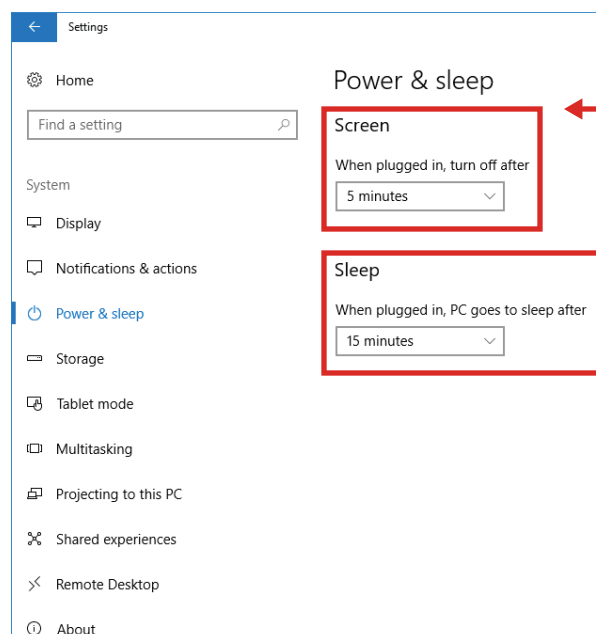
At one time, screensavers were actually used to prevent damage to monitors. Now, screen savers are a **blatant waste of energy.** Instead, turn off your screen saver and set a timed sleep mode.

Power Management on PC

1.) Open the Windows menu and select "Settings."

2.) Select "System."

3.) Under "Screen," set "When plugged in, turn off after" to 5 minutes or less.

4.) Under "Sleep," set "When plugged in, PC goes to sleep after" to 15 minutes or less.