

Energy Vampires

Energy vampires are electronic devices that **continue to use power when turned off, but still plugged in.** This power is referred to as standby or phantom power. Some devices use this energy for good purposes (storing information and memory locally), but those that don't are known as energy vampires. These plugged-in devices are draining energy from outlets and money from wallets.

Common vampires that may be lurking around your office: TVs, laptops, coffee machines, phone chargers, decorative lights, printers, projectors, etc.

Quick Facts

- The average American home has **40 devices** that use standby power.
- Energy vampires cost the US over **\$4 billion a year.**
- On a global scale, they are responsible for 1% of CO2 emissions.
- Approximately 10% of residential power use is a result of energy vampires.

How to Slay the Vampires



- Unplug items you don't use often.
- Unplug chargers when devices are completely charged.
- Use Energy Star products, which use up to **50% less standby power!**
- Plug devices into a power strip and turn it off when they are not in use.