

Junk Mail

Take back your mailbox while saving trees and time! It's easy to reduce the amount of mail and catalogs that you receive both at work, as well as at home.

Quick Facts

- More than **100 million trees** are **destroyed each year** to produce junk mail.
- The average adult receives 41 pounds of junk mail per year.
- Nearly **28 billion gallons of water** are used to produce and recycle junk mail each year.
- 44% of junk mail goes to the landfill, unopened.
- \$320 million of local taxes are used to dispose of junk mail every year.



Online Resources

Here are some great organizations and websites that are full of information on junk mail and allow you to manage the influx of junk mail that you receive on a daily basis!

www.dmachoice.org

www.catalogchoice.org

www.41pounds.org