## RIT

## **Learning Kit: Communication**

Communication is key to thriving in our professional and personal lives. Communication is at the foundation of our relationships with other individuals; in doing so effectively, it is how we build trust with one another. It is a skill that can be improved and is crucial for increasing productivity, resolving conflict, and improving decision making. Often times, people think about communication as word choice and how to get one's point across, ironically, improved communication starts with listening.

To learn more about communication, check out these resources.

