

Transition from College to the “Real World”

Preparing for Life after College

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2008 Summer Institute – PEN-International
East Sussex, England

Objectives for this Session

- Explore the different transitional areas needed to prepare for the real world
- Discuss your feelings, fears, goals – how do you feel about the challenges you will encounter after college
- Group discussion and presentation – Strategies for Preparing for the Real World

What is the Real World?

- Career, employment
- Graduate School, continuing education
- Internships, job training
- Travel
- Marriage, family plans
- Volunteer work
- International travel, Peace Corps, study abroad
- Other?

You in the Real World

Identity

Values

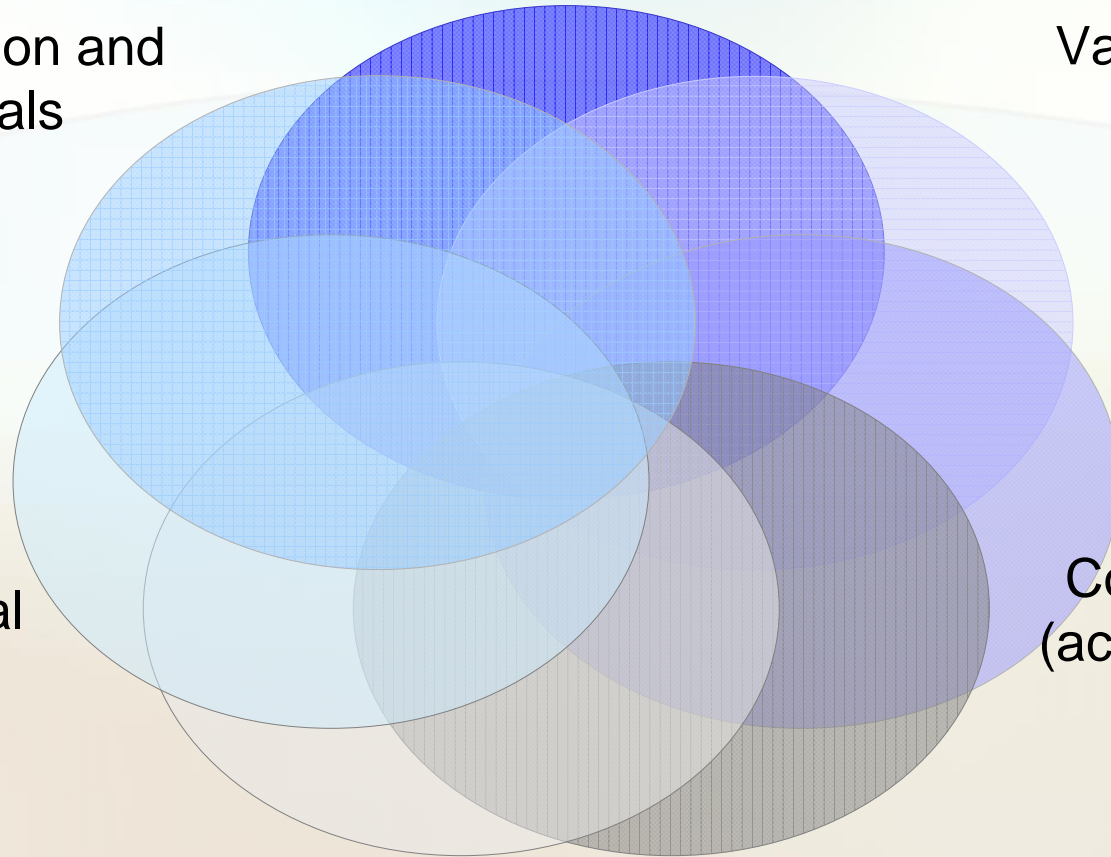
Education and
Goals

Communication
(accommodations)

Intra and
Interpersonal
Skills

Support System

Knowledge of Rights
and Responsibilities



Identity

- Who are you?
- Where do you fit in – where do you want to fit in?
- What group do you feel closely affiliated with?
- Why is this important?

Values

- How do your values support your goals? How do they hinder your goals?
- What values are you willing to change?
- What are your personal values? Professional values?

Communication

- How do you communicate in a variety of situations with different people?
- In what way are you most comfortable communicating? In what ways are you not?
- What kind of accommodations will you need?

Knowledge of Rights and Responsibilities

- What is your responsibility in requesting accommodations?
What are your rights in the community?
- What rights and responsibilities will your employer have?

Support System

- Who is in your support system?
- Who is not, but should be, in your support system?
- In what ways will your support system assist you?

Intra/interpersonal skills

- What kind of skills can you bring to the real world?
- How do you relate to others? Can you work in a team? Do you prefer to work alone?
- Can you handle conflict or conflicts with others?
- Are you shy? Confident? Outgoing?

Education and Goals

- Do your dreams fit your life-long goals?
- Does your education fit your real world goals?
- What are some barriers to reaching your goals?
- What are some of the barriers to completing your education?
- What kind of education do you think you will need after graduating from college?

Small Group Activity

A chance to practice some “soft skills” and think beyond the educational skills needed for the Real World.

1. Select one or two people who will present your group’s information to the delegation
2. In your groups, review comments from the first part of the session. For each category, begin brainstorming ideas and activities students with a hearing loss can do to prepare for the Real World
3. Discuss as a group different ways you can share this information with students at your school when you return.
4. Present the information to the delegation – you will have up to 15 minutes to present your information

Wrapping up the Real World

“So, what’s it like in the real world? Well the food is better, but beyond that, I don’t recommend it.”

- Bill Watterson, comic writer