

Yoshiyuki Watanabe Masanori Orihashi Yuki Yamamoto Hanae Ochi リーダーシップ研修を通して何を学んだか? What did we learn through this Leadership Training Program?

・様々なコミュニケーション方法
Different ways to communicate with people

 多くの人と触れ合い、これから自分が 目指すものがはっきりしてきた
 By meeting so many people, we became
 aware of what we ourselves are aiming at 積極的に行動することの大切さ
 The importance of taking positive action

- ・リーダーに必要なもの
  The things required of a leader
- ・リーダーのあり方 How a leader should be

# リーダーとは… A leader is…

- 多くの人にきっかけを与えられる人
   A person who can open the way for others
- 同じ目標を持った人と互いに成長できる人
   A person who can improve and develop with others who are working toward the same goal

- 常に自分を見直すことができる人
   A person who can reflect back on his actions and make changes where needed
- 自分の失敗を次に活かすことの出来る人 A person who learns from his mistakes and changes them into positive experiences
- ・礼儀正しく、柔軟性のある人 A person who is courteous and flexible

## 印象に残ったこと The Training Program…

 自分自身の欠点など改めて見直すことができた helped us to know our shortcomings and areas where we have to work harder

国や文化による価値観の違いを知った
 taught us that different countries and cultures
 may have values which are different from ours

- 異国の手話に刺激を受け、更に魅力を感じた Seeing sign languages of other countries was a stimulating experience, and made us love sign language much more than before
- 目標を成し遂げるために必要なものを考えた
   We learned to consider what is necessary in order to achieve our goal

### 研修を終えて… Yoshi yuki What I learned from this program

- 必ず一人の人から一つ以上のことを 学ぶことがある→ "人"を大切にしていきたい Each and every person has something to teach me → "People" will always be important to me
- 自分を磨き続けたいI want to continue to improve myself
- 目標を持って生きていたい
  - I want to always have a goal to strive toward

- 自分がロールモデルの立場であり、
   自分もロールモデルから多くのことを学びたい
   I myself am a role model.
   I want to learn many things from other role models
- 怖がらないで、多くの失敗を経験し、 それを自分のものにして成長したい I don't want to fear making mistakes, but learn from them and make them into positive
   experiences

#### 研修を終えて… Masanor i What I learned from this program

- 様々なボランティアを通して、
   多くのろう者と関わり、視野を拡げていきたい
   I want to take part in volunteer activities where
   I can work with many Deaf people and broaden my views.
- この経験を活かして、ろう児たちにきっかけを 与えていきたい
  - I want to make use of this experience to help Deaf children to find their potentials

 目標を目標のまま終わらせないで、 今できることから始めようと思った
 This training program made me realize that it's not enough just to have a goal...We have to start right now with things we can do.

#### 研修を終えて・・・ Yuki What I learned from this program

- 目標を明確にしつつ、今やるべきことを やる方が大事だと思った
  - I learned the importance of identifying my goal and thinking what I should be doing now
- 音の無い世界にこだわるのではなく 自分の世界を作ればいいのだと思った I leaned that I don't need to think of myself as living in a world without sound...I can make my own world!

• 互いに刺激を与え、互いに尊敬し、 互いに成長し合えるパートナーを見つけたい I want to find a partner in life who will continue to be a good stimulus for me, and I for him, with whom I can establish a relationship of mutual esteem, and with whom I can continue to develop and improve.

### 研修を終えて・・・ Hanae What I learned from this program

- 情報収集、現状の把握の必要性
  The importance of collecting information and
  - grasping the present situation

- したいことについて考えた
  - ◎ろう児同士のかかわり(多くの経験)
  - ◎ろう者と聴者とのかかわり
  - The training program made me think of what I really want to do:
    - I want to offer chances for Deaf children to meet each other (and experience many things together)
    - I want to become a person who can help Deaf and hearing people know each other better.

