

MABUHAY !

March 6th, 2006

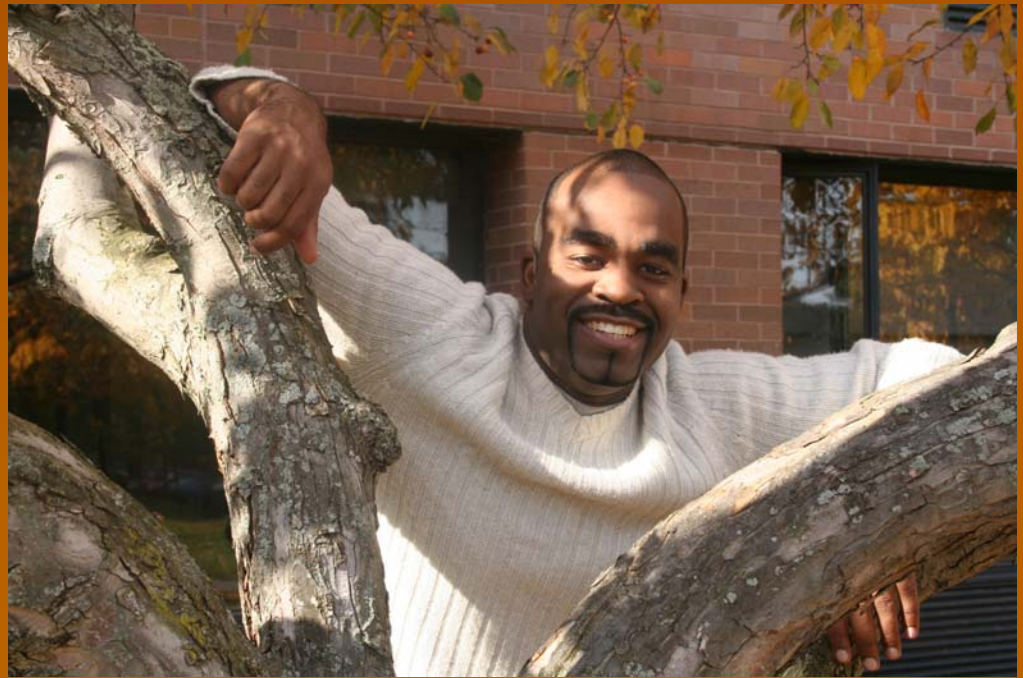
Introduction

Alim



Introduction

Kamau



Introduction

Lizzie



Introduction

Mich



Activity #1

"Moving Around"

- An important note...

Activity #2

“Life Transition Skits”

1. A Job Interview
2. First Day of College
3. Spending Money

Activity #2

"Life Transition Skits"

1. A Job Interview ... **Optimistic/Pride**
2. First Day of College
3. Spending Money

Activity #2

“Life Transition Skits”

1. A Job Interview ... **Optimistic/Pride**
2. First Day of College ... **Help/Support**
3. Spending Money

Activity #2

"Life Transition Skits"

1. A Job Interview ... **Optimistic/Pride**
2. First Day of College ... **Help/Support**
3. Spending Money ... **Responsibility**

Activity #3

“Sharing Our Personal Experiences”

Alim



Activity #3

“Sharing Our Personal Experiences”

Kamau



Activity #3

“Sharing Our Personal Experiences”

Lizzie



Activity #3

“Sharing Our Personal Experiences”

Mich



Activity #4

"Tips for Transition"

How to make the transition to College

- Do well in your education
- Communicate with your professors (best resource)
- Be Assertive
- Create your own Support System; ask for help
- Take advantage of the resources (tutoring; student activities)
- Time Management
- Challenge yourself with new opportunities
- Set goals for your college career

Activity #4

"Tips for Transition"

How to make the transition to Workplace

- Time Management
- Financial Management
- Maintain a Positive Attitude
- Build Network
- Support System
- Ask for help; be honest
- Dress Attire
- Transportation
- Set goals/ challenge yourself

Questions & Answers

- An important note...

SALAMAT!

“Write a Letter to Yourself”

In your letter, write about what you liked and learned about today's workshop and what you hope to accomplish during your year here.