SOME BEST TEACHING PRACTICES



Introduction

- Overview of some "best practices"
- Some ideas taken from:
 "10 Best Teaching Practices"
 by Donna Walker Tilleston

SAFE & ENRICHED ENVIRONMENT

- Characteristics of a SAFE environment:
 - Sense of belonging
 - Sense of empowerment
 - Advocate for <u>every</u> student
 - Resiliency in students

SAFE & ENRICHED ENVIRONMENT

- Characteristics of an ENRICHED environment:
 - High level of support for achievement
 - More ways for students to discover information
 - Challenges
 - Feedback
 - Every 30 minutes
 - Various ways
 - From various sources

USE A VARIETY OF TEACHING STRATEGIES--ADDRESS VARIOUS LEARNING STYLES

- There are three basic learning modalities:
 - Auditory
 - Visual
 - Kinesthetic

TAKE ADVANTAGE OF MODALITIES

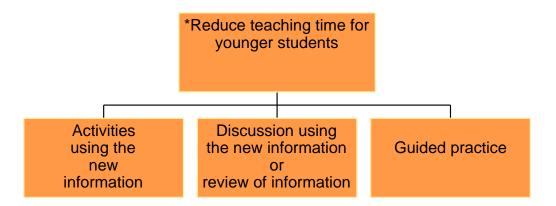
• Allow students to use <u>all three</u> modalities

• Give <u>new information</u> in the first 20 minutes of class

• Give opportunities to <u>process information</u>

THE RHYTHM OF TEACHING

Teach 15-20 minutes for secondary students*
Teach 12-15 minutes for elementary students*



A PICTURE IS WORTH 1,000 WORDS-VISUAL LEARNERS

• If five people shake hands with each other, how many handshakes is that?

How can you visually represent this problem?

KINESTHETIC LEARNERS

• How would you help a kinesthetic learner solve the handshake problem?

MAKING CONNECTIONS

• This is what the brain does with new information...

• Old learning

TRANSFER

New learning

• (IS IT USEFUL?)

TRANSFER

- Positive Transfer
 - When past learning CONNECTS to the new learning

- Negative Transfer
 - When past learning INTERFERES with new learning

WHAT AFFECTS TRANSFER?

- What connections does the student see?
- What is the same about this new topic?
- What are the most important parts of this new learning?
- How is this new learning unique or different?
- How does this new learning fit?

WHAT DOES THIS QUOTE MEAN TO YOU?

• "The brain thrives on meaning, not random information."

• Eric Jenson (1998)

SOME STRATEGIES

• K= what I already know; W=what I want to know; L= what I learned. (K-W-L)

- Patterns
 - Point out what is the same
 - Point out what is unique
- Examine a subject from many different perspectives

TEACHING FOR LONG-TERM MEMORY

- Working memory capacity
 - Preschooler
 - 5- 10 min./ 2 chunks of info.

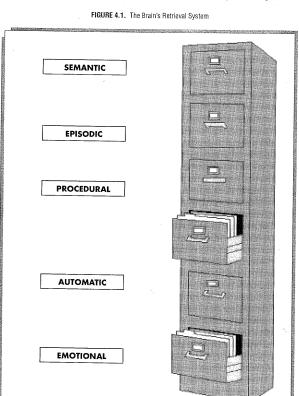
- Pre-adolescent
 - 5-10 min./3-7 chunks of info.

- Adolescent/adult
 - o 10-20 min./ 7-9 chunks of info.

Types of Memory

- Semantic
- Episodic
- Procedural
- Automatic
- Emotional

Types of Memory



Teaching for Long-Term Memory \$\mathbb{I}\ 31

HELPING SEMANTIC MEMORY

- Make learning relevant
 - Modeling
 - Giving examples
 - Mnemonic devices

• Show students PATTERNS

HELPING EPISODIC MEMORY

• Ask: "Where were we when we learned this?"

 Use colors to link and to separate learning

 Use unusual props to help students remember

HELPING PROCEDURAL MEMORY

- Students practice the expected behavior
- Use hands-on activities, role play, manipulatives, physical skills
- Repeat a behavior for 28 days, becomes internal (Covey)

HELPING <u>AUTOMATED/CONDITIONED</u> RESPONSE

• Once we learn something it becomes automatic

• Mnemonic devices help students learn boring material

HELPING EMOTIONAL MEMORY

 Strong emotions carry the most meaning

• Enthusiasm, drama, role-playing, quiz shows, music, debates, larger projects, guest speakers, creative controversy, adventures, impactful rituals and celebrations.

DO YOU REMEMBER?

•Name the 5 types of memory

- Teacher to students
 - No threat
 - Positive atmosphere
 - Clear expectations (no surprises!)
 - Set benchmarks and check for understanding
 - Teacher knows what is going on in the classroom
 - Teacher= coach, leader, guide

- Student to student (group work)
 - Start small --pairs--short time
 - Start with familiar material
 - Make the work meaningful
 - Stick to time schedule
 - Tell students why you are working in groups

- With parents
 - Keep parents informed about child's progress.
 - Letters, notes, e-mail, phone calls, parent conferences, group meetings

- With other staff members
 - Integrate learning by working with other teachers
 - Get administrative support for working in teams
 - Maintain a positive attitude

ALL LEARNERS

- Need a safe and enriched environment
- Benefit from different ways of learning
- Benefit from reflecting on their learning
- Need to make choices